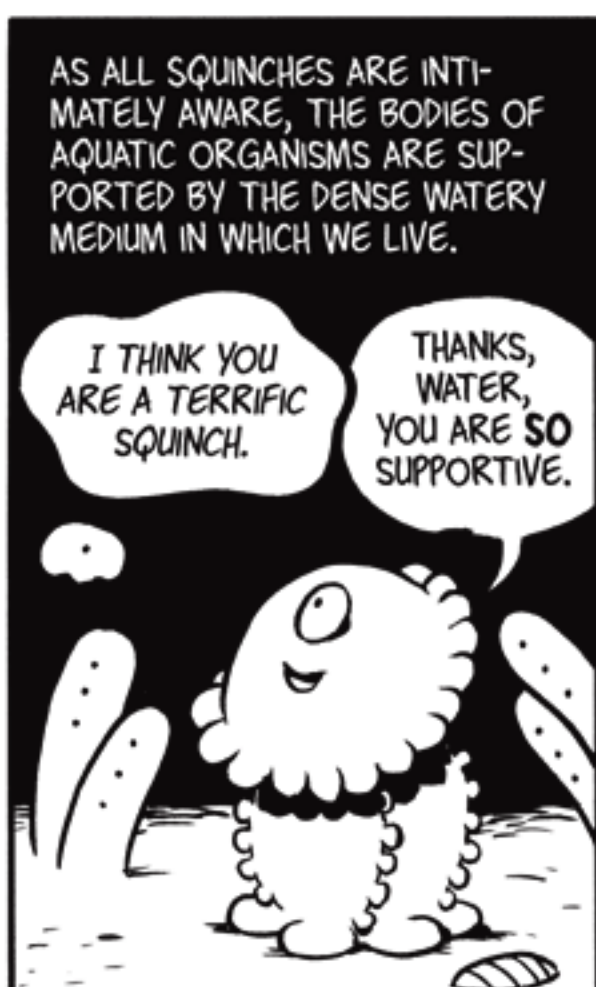
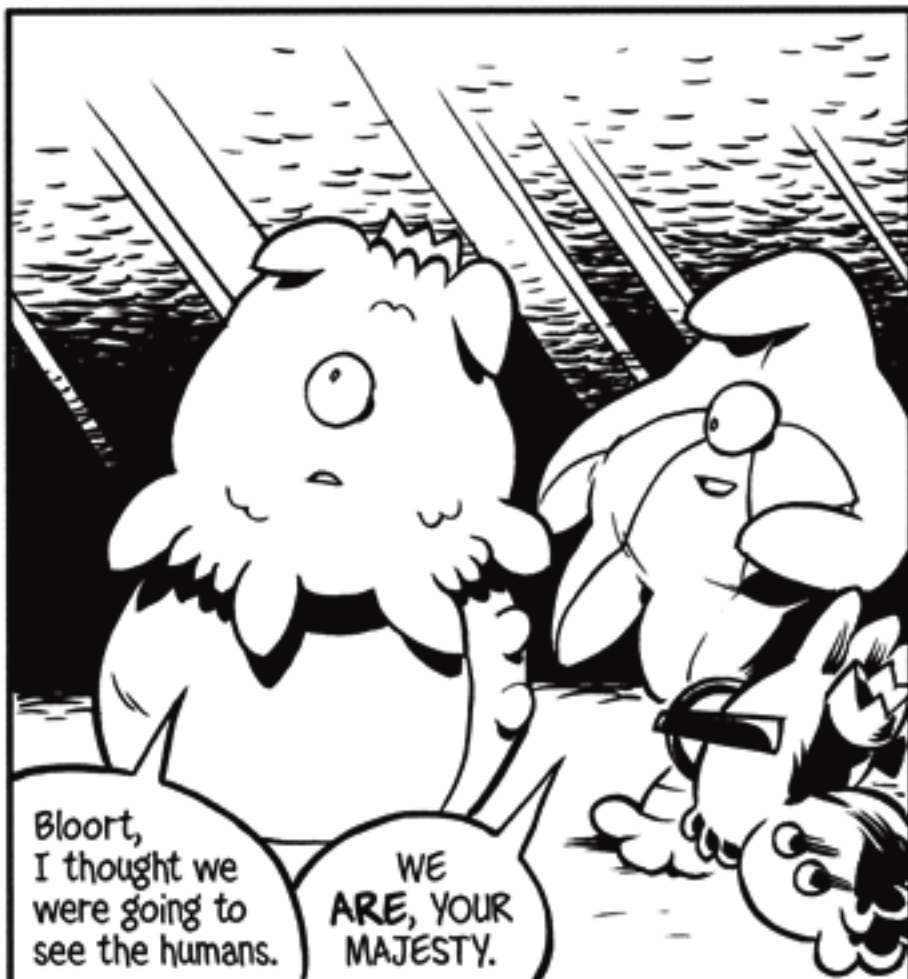


## CHAPTER 6

# Getting a Leg Up on Evolution



AS ALL SQUINCHES ARE INTIMATELY AWARE, THE BODIES OF AQUATIC ORGANISMS ARE SUPPORTED BY THE DENSE WATERY MEDIUM IN WHICH WE LIVE.

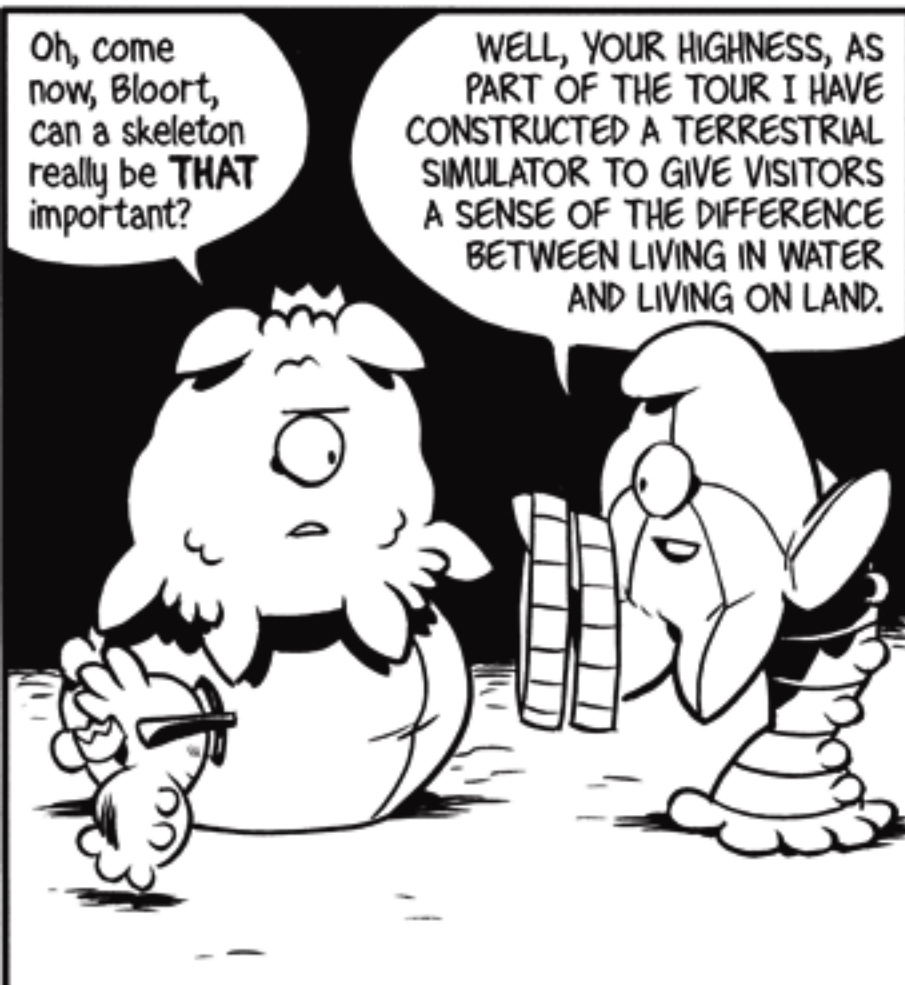
THE SAME IS TRUE ON EARTH. FOR FISH, THIS MEANS THEY CAN DO QUITE WELL WITH RELATIVELY SLIGHT SKELETONS AND DELICATE FINS.



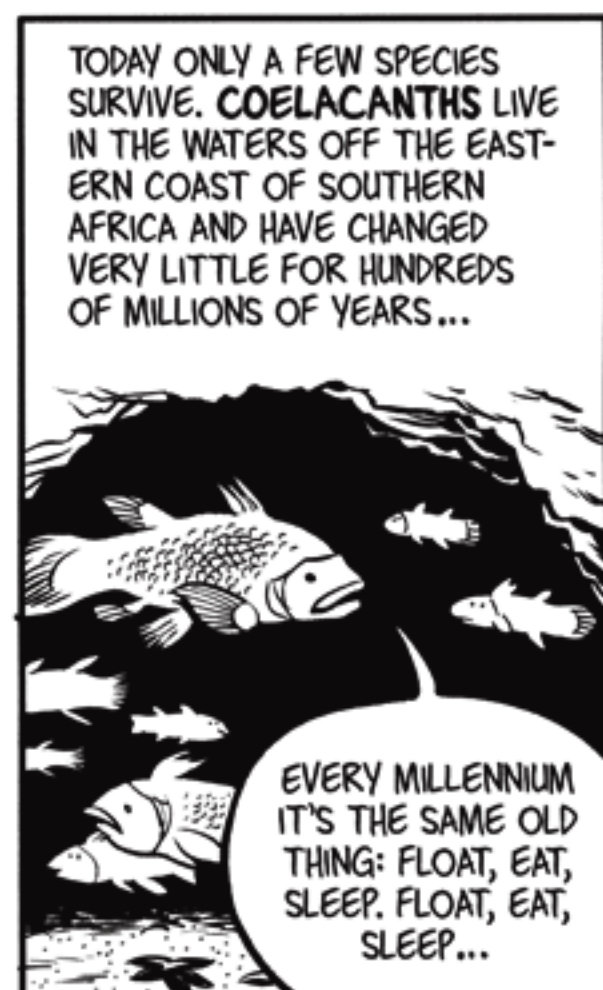
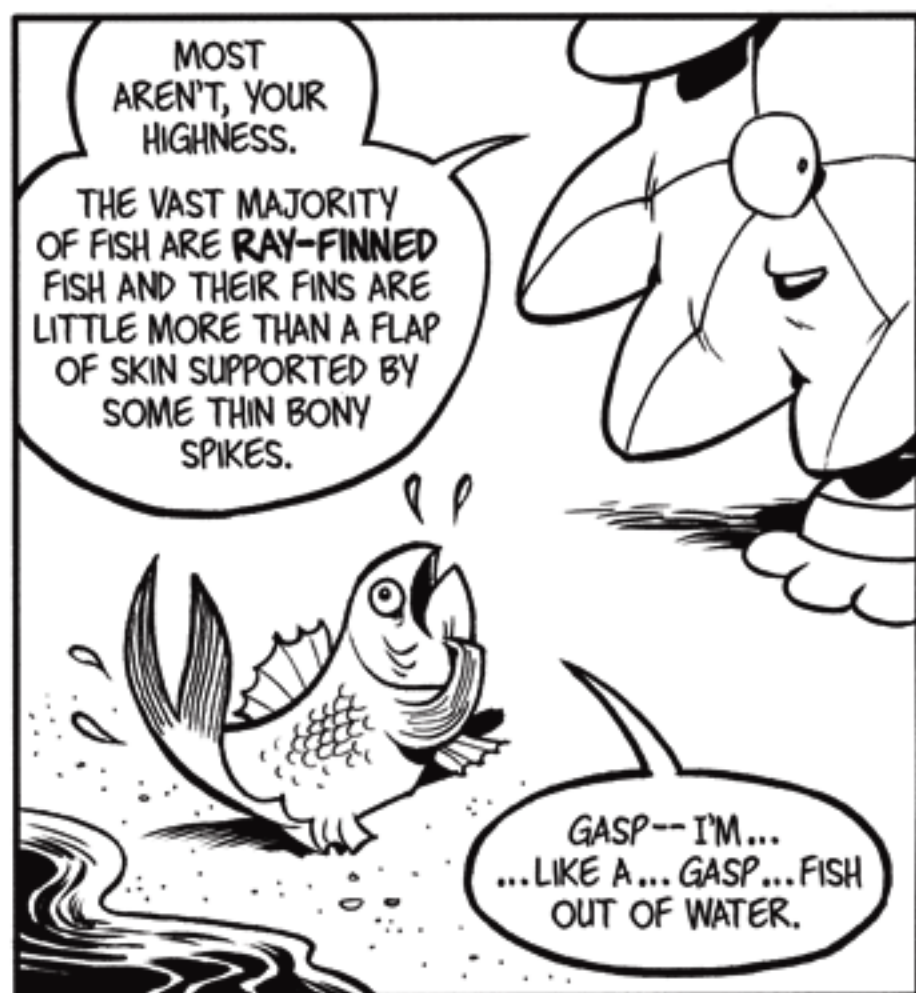
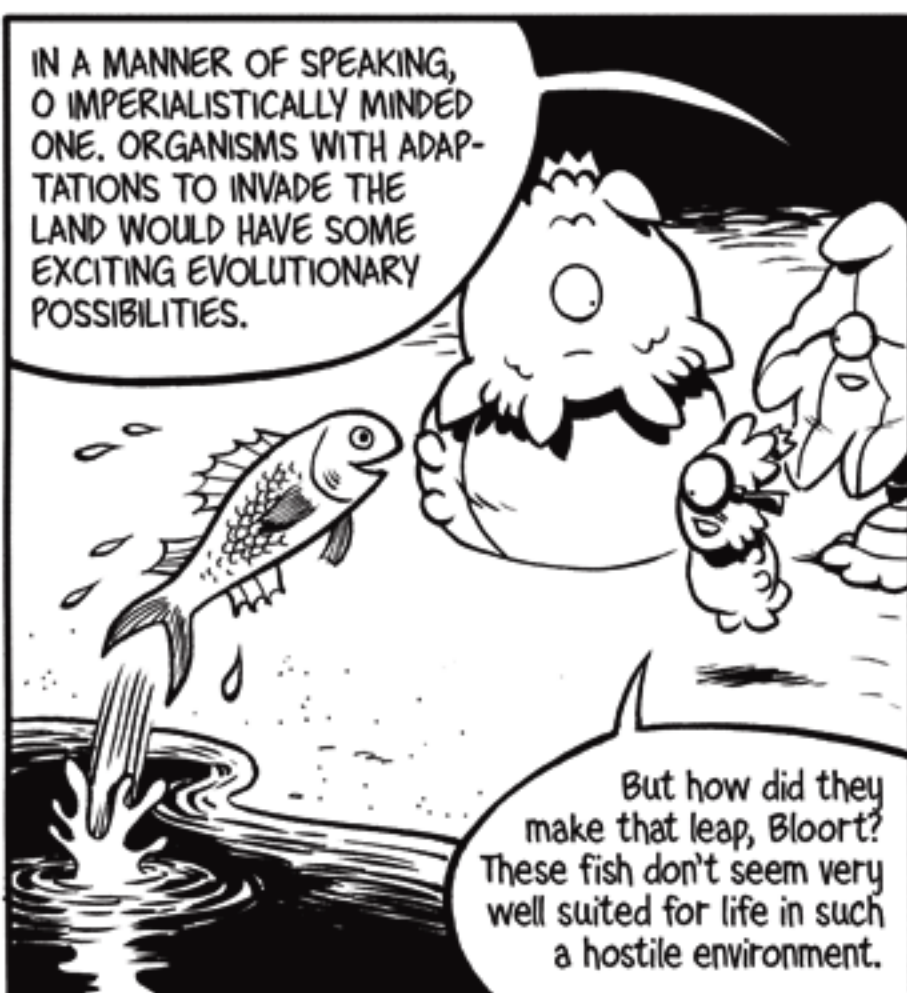
BUT LIVING ON LAND REQUIRES MUCH MORE SUPPORT. LAND VERTEBRATES HAVE STURDY SKELETONS, WITH ROBUST RIB CAGES AND MEATY MUSCLES TO SUPPORT THEIR WEIGHT.









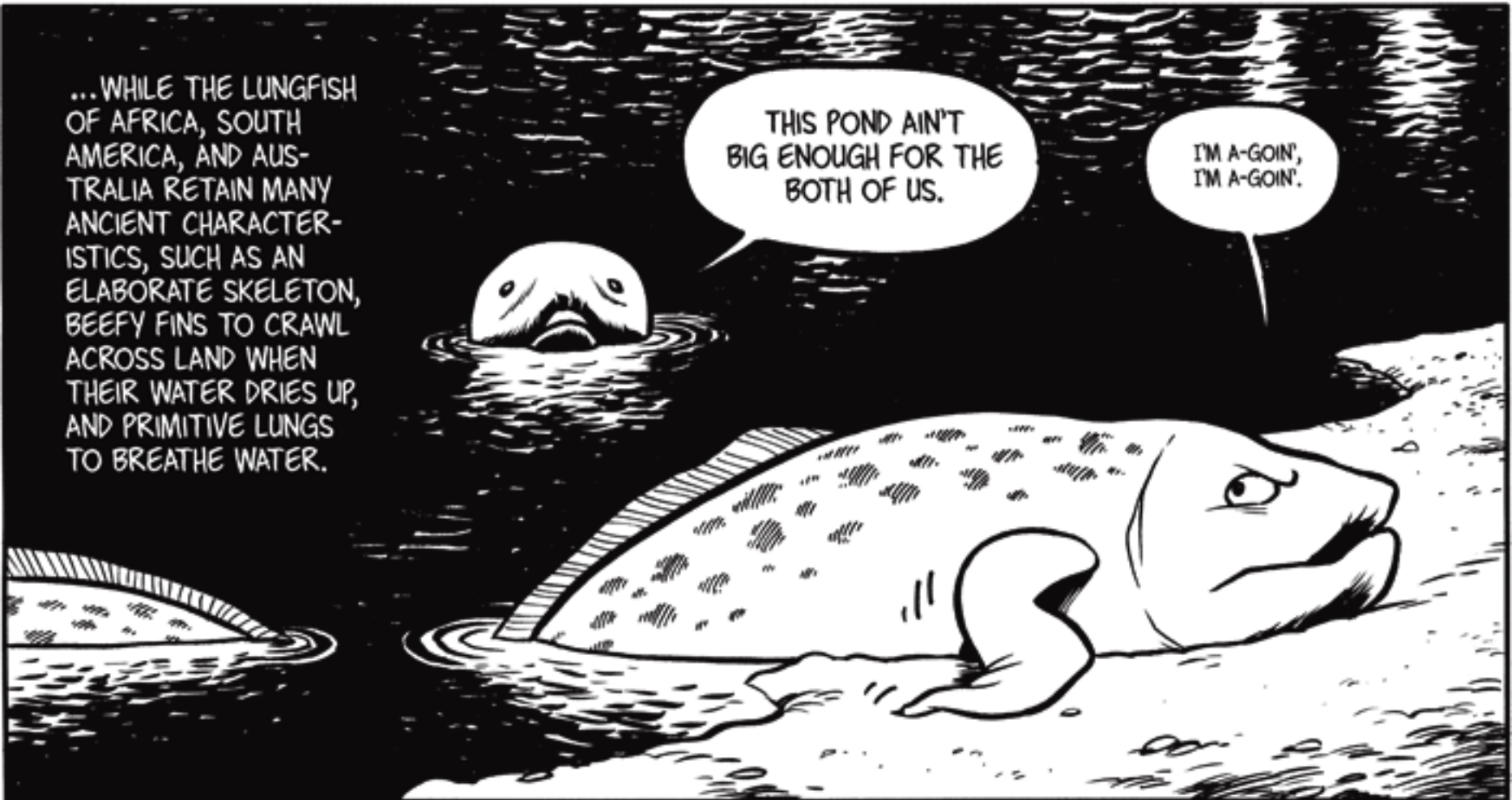




...WHILE THE LUNGFISH OF AFRICA, SOUTH AMERICA, AND AUSTRALIA RETAIN MANY ANCIENT CHARACTERISTICS, SUCH AS AN ELABORATE SKELETON, BEEFY FINS TO CRAWL ACROSS LAND WHEN THEIR WATER DRIES UP, AND PRIMITIVE LUNGS TO BREATHE WATER.

THIS POND AIN'T BIG ENOUGH FOR THE BOTH OF US.

I'M A-GOIN', I'M A-GOIN'.



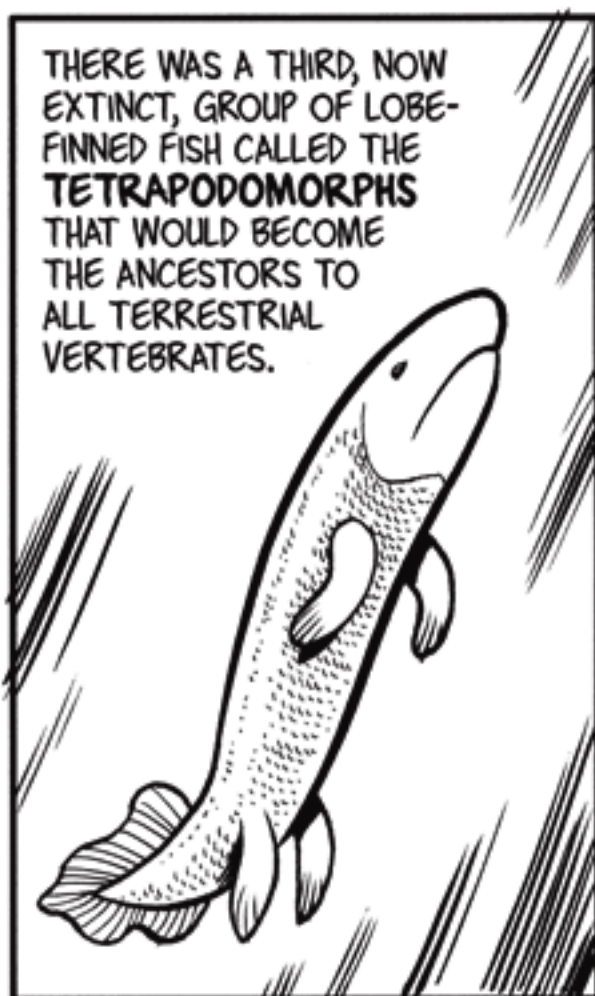
THE LOBE-FINNED FISH WERE NEVER AS SUCCESSFUL IN WATER AS THEIR RAY-FINNED COUSINS. THEIR EVOLUTIONARY LEGACY WOULD BE ON LAND.

Something like **THESE** fish would make the **LEAP** to land?

MORE LIKE THE **CRAWL** TO LAND, YOUR MAJESTY.



THERE WAS A THIRD, NOW EXTINCT, GROUP OF LOBE-FINNED FISH CALLED THE **TETRAPODOMORPHS** THAT WOULD BECOME THE ANCESTORS TO ALL TERRESTRIAL VERTEBRATES.

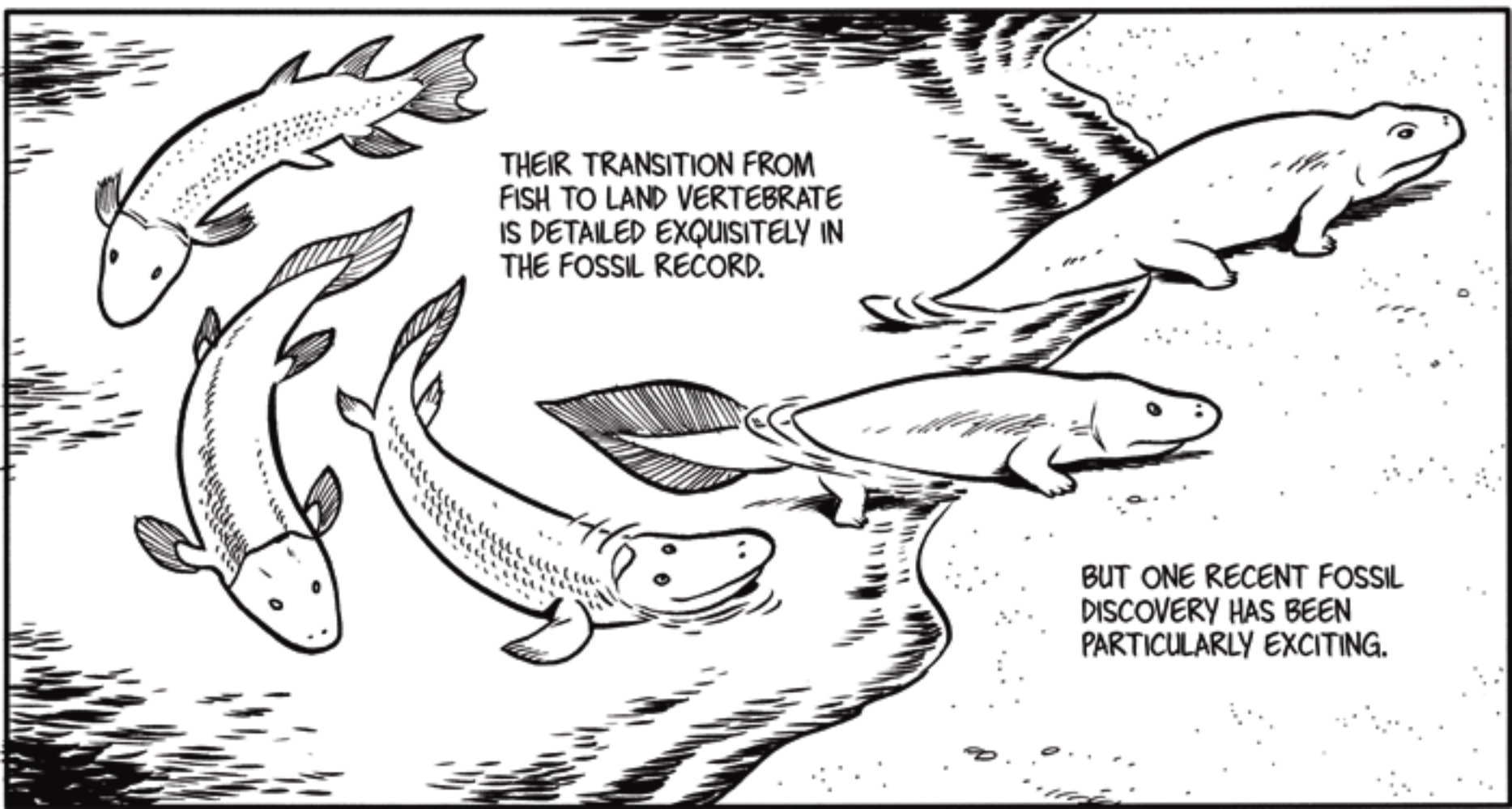


Tetra-whatta-WHAT?

TETRAPODOMORPH. IT MEANS "FOUR FOOT SHAPE."



THEIR TRANSITION FROM FISH TO LAND VERTEBRATE IS DETAILED EXQUISITELY IN THE FOSSIL RECORD.



BUT ONE RECENT FOSSIL DISCOVERY HAS BEEN PARTICULARLY EXCITING.



IN 2006, THE EARTH SCIENTIST NEIL SHUBIN DISCOVERED AN IMPORTANT FOSSIL CALLED **TIKTAALIK**.

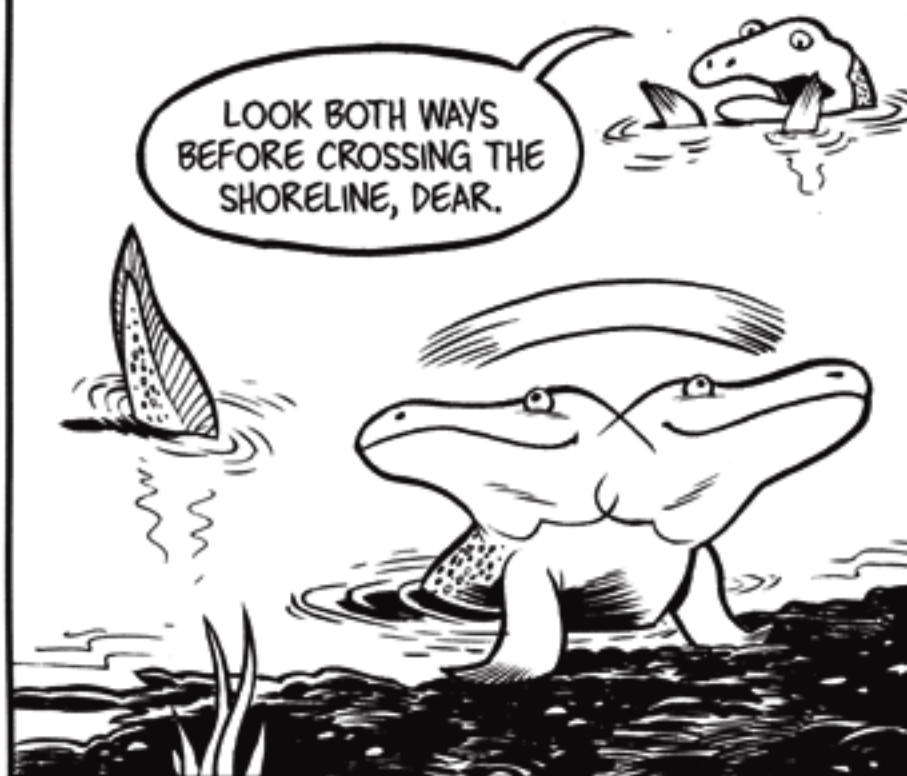


Tik-TAH-lik?

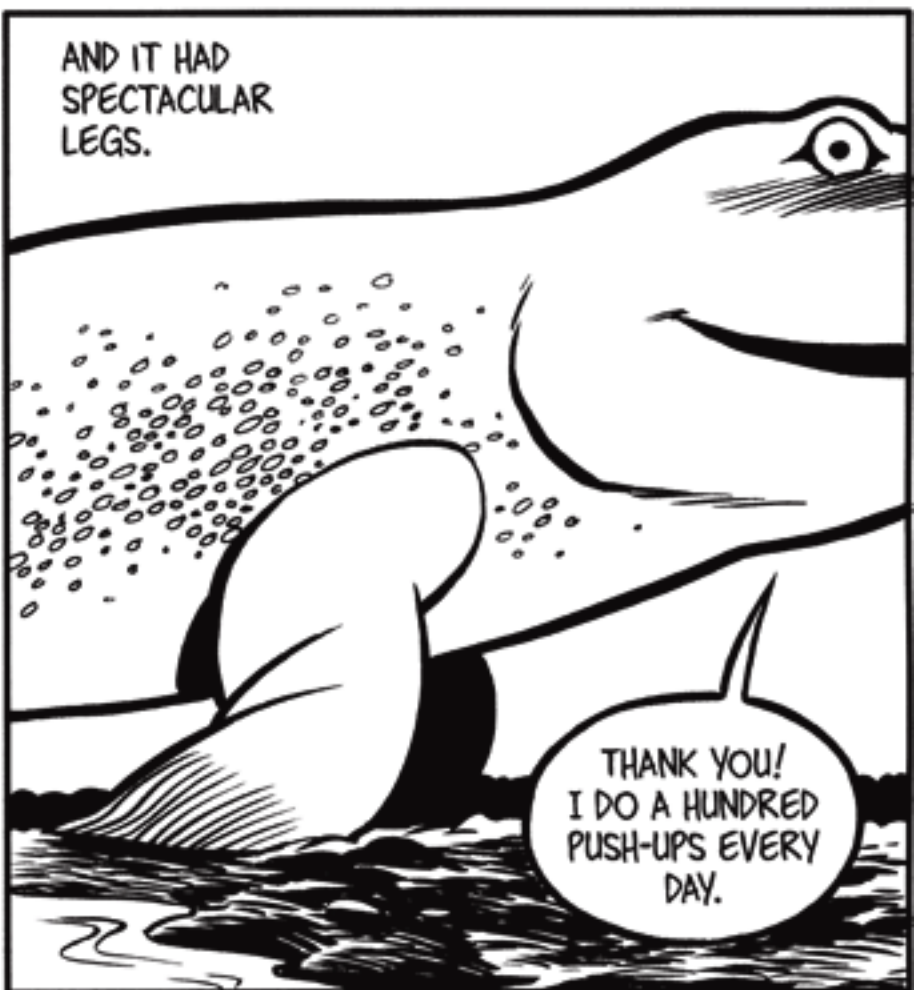
Where do they come up with these names?



TIKTAALIK WAS A LOBE-FINNED FISH THAT HAD SOME KEY FEATURES THAT DISTINGUISHED IT FROM THE FISH THAT HAD PRECEDED IT. UNLIKE ANY FISH, IT HAD A **NECK**, SO IT COULD LOOK AROUND.



AND IT HAD SPECTACULAR LEGS.



They really don't look that impressive to me.

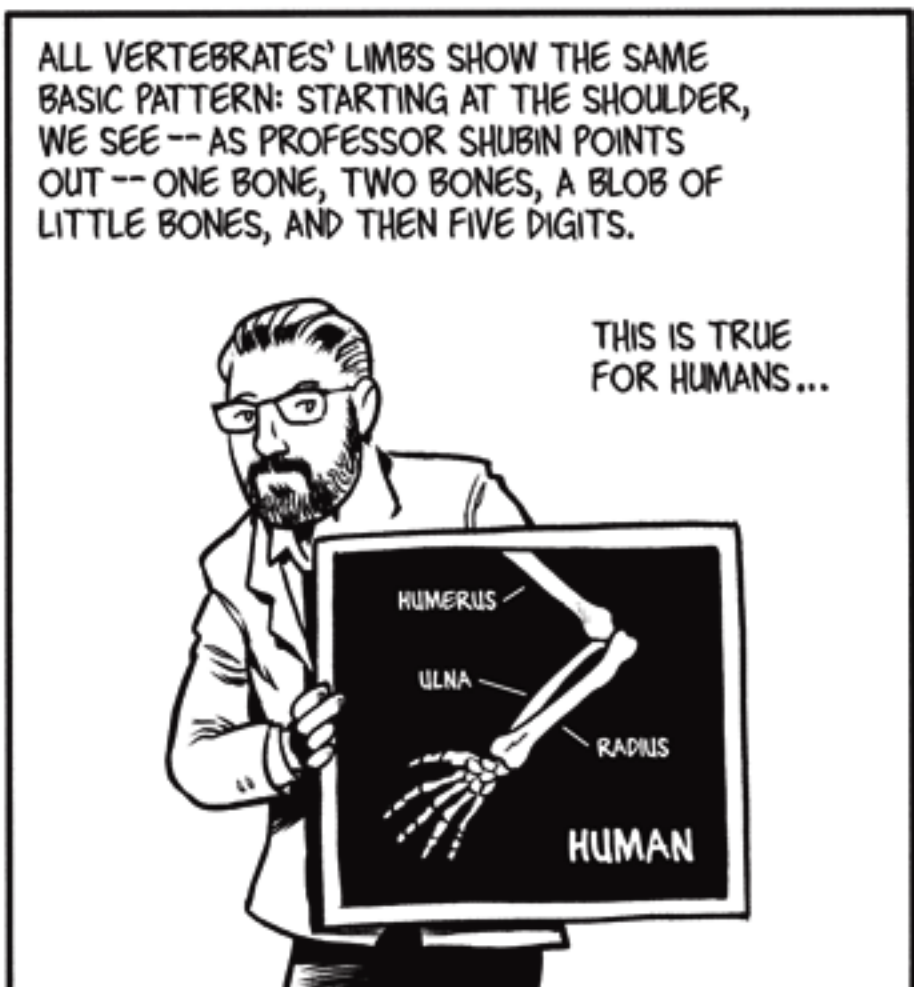
AH, TO FULLY APPRECIATE TIKTAALIK'S LIMBS, WE MUST FIRST TAKE A LOOK AT THE LIMBS OF VARIOUS VERTEBRATES.

HMPH!

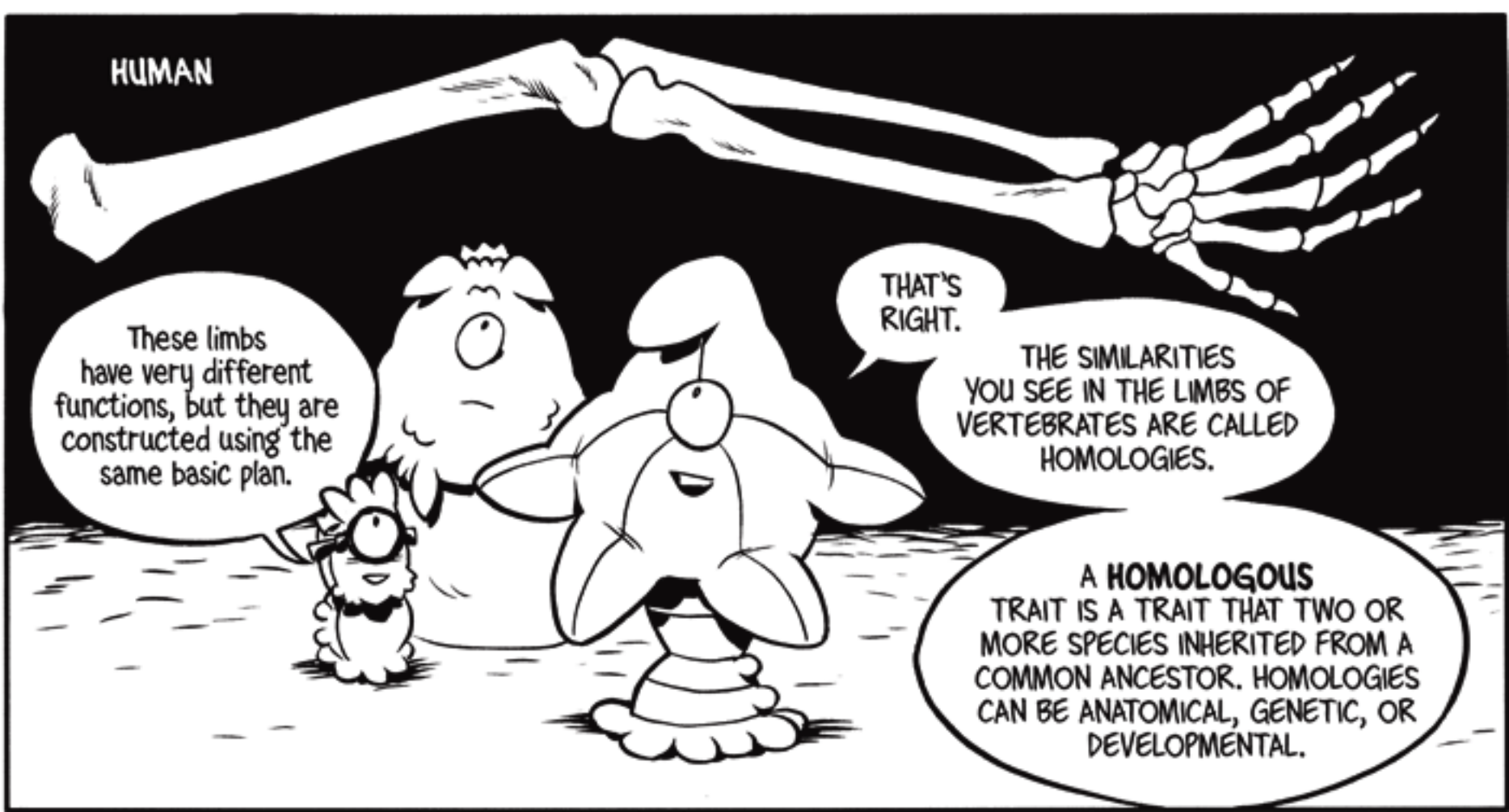
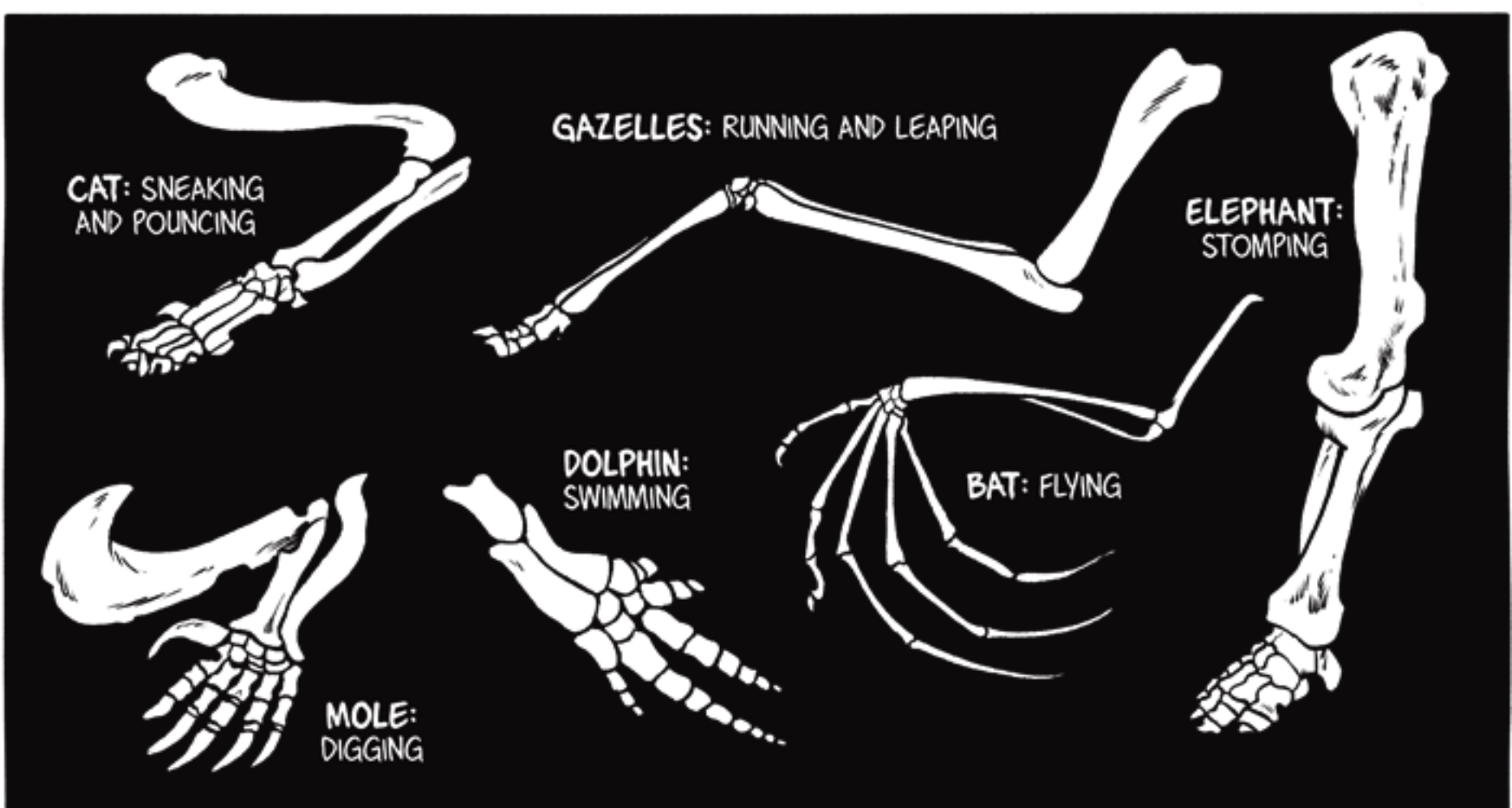


ALL VERTEBRATES' LIMBS SHOW THE SAME BASIC PATTERN: STARTING AT THE SHOULDER, WE SEE -- AS PROFESSOR SHUBIN POINTS OUT -- ONE BONE, TWO BONES, A BLOB OF LITTLE BONES, AND THEN FIVE DIGITS.

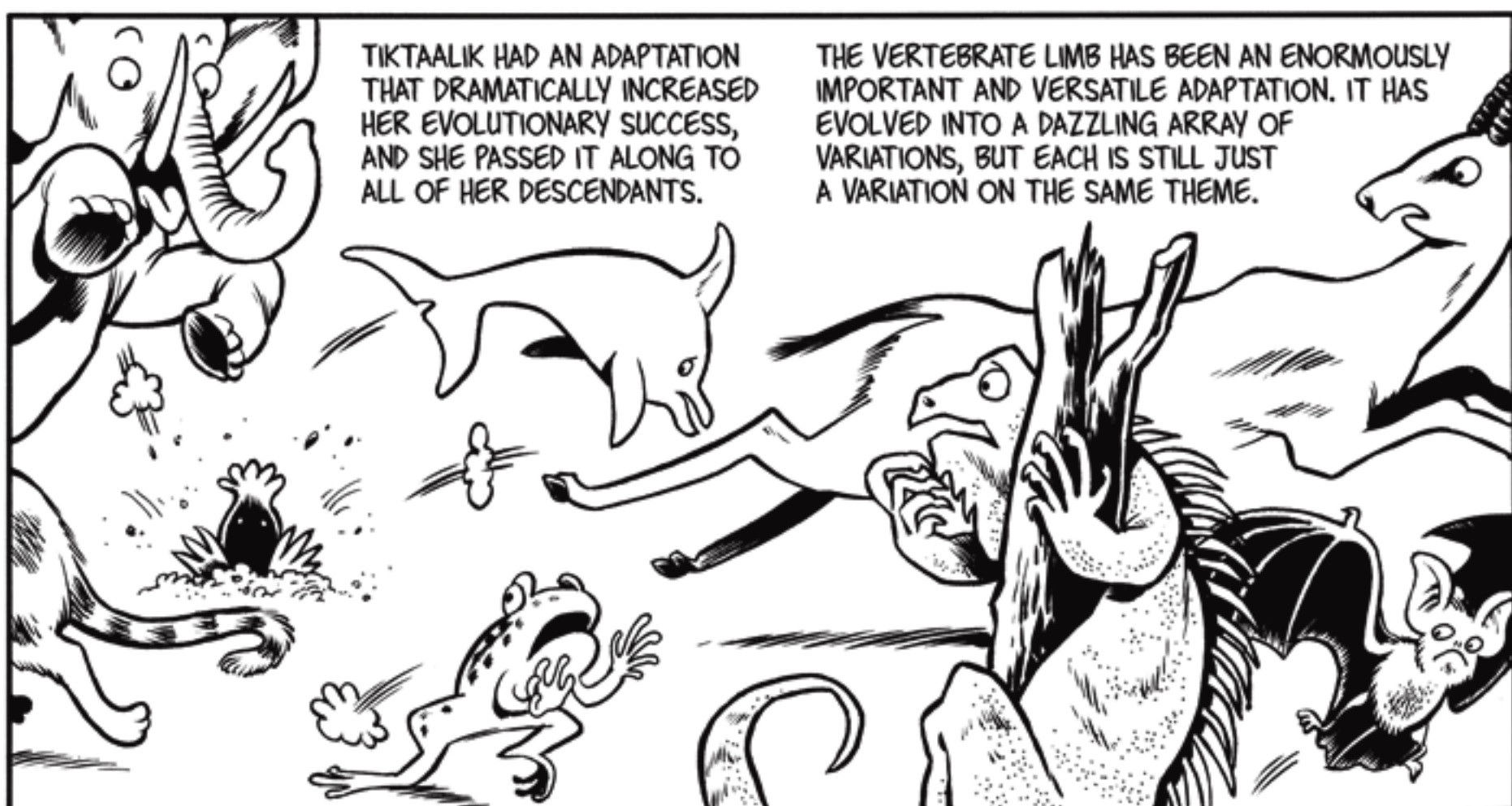
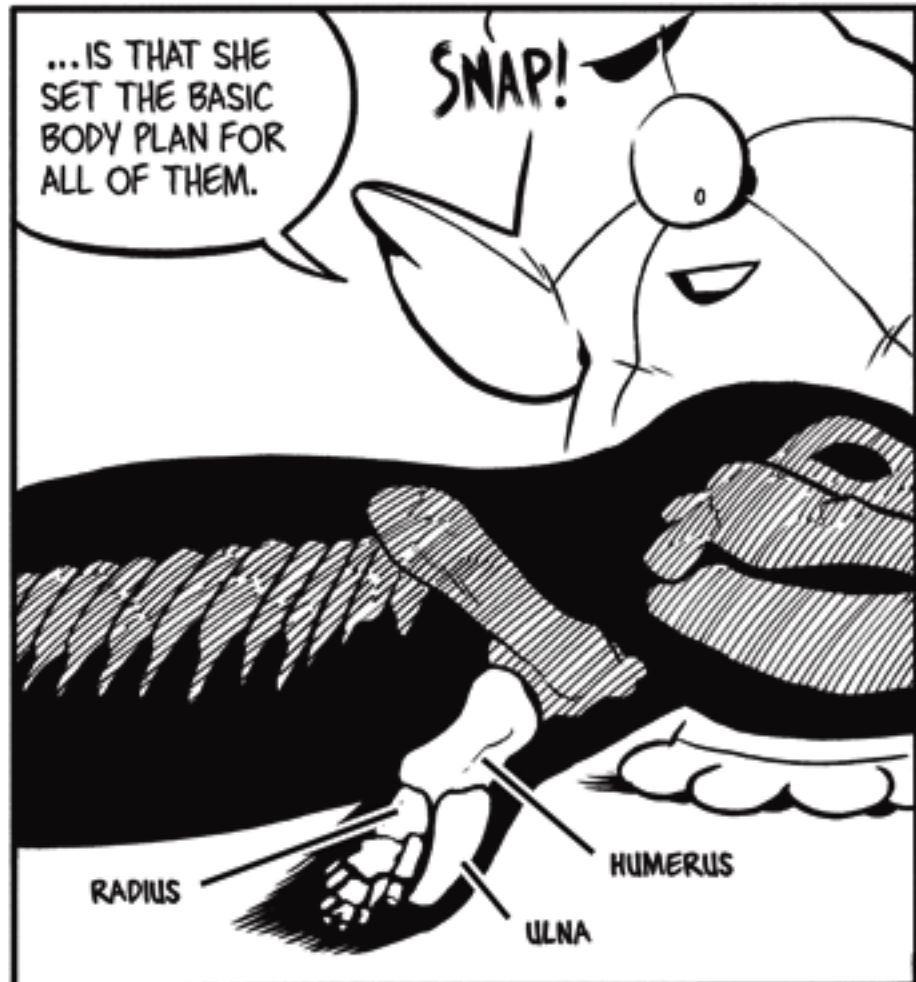
THIS IS TRUE FOR HUMANS...













THE HIGH DEGREE OF HOMOLOGY BETWEEN THE BONES OF VERTEBRATES AND HUMANS SPARKED MANY EARTH SCIENTISTS TO SPECULATE ON HOW THEY THEMSELVES WERE RELATED TO OTHER ANIMALS.



DARWIN'S CONTEMPORARY T. H. HUXLEY BECAME FAMOUS FOR GIVING PUBLIC LECTURES ABOUT THE SIMILARITIES BETWEEN HUMAN SKELETONS AND THE SKELETONS OF THEIR NEAREST PRIMATE RELATIVES.



IT IS QUITE CERTAIN THAT THE APE WHICH MOST NEARLY APPROACHES MAN IS EITHER THE CHIMPANZEE OR THE GORILLA...



Whoa, whoa, whoa, Bloort. You're getting ahead of us with the terminology. Primate? Chimpanzee? Gorilla?

APOLOGIES, YOUR HIGHNESS. PERHAPS IT WOULD BE BEST TO TAKE A STEP BACK AND CONSIDER WHERE HUMANS SIT IN RELATION TO OTHER ANIMALS.



FIRST, WE KNOW THAT HUMANS ARE **MULTICELLED EUKARYOTES**. ALL EUKARYOTES SHARE SOME FUNDAMENTAL FEATURES: THEY HAVE CELLS WITH NUCLEI AND LINEAR DNA.

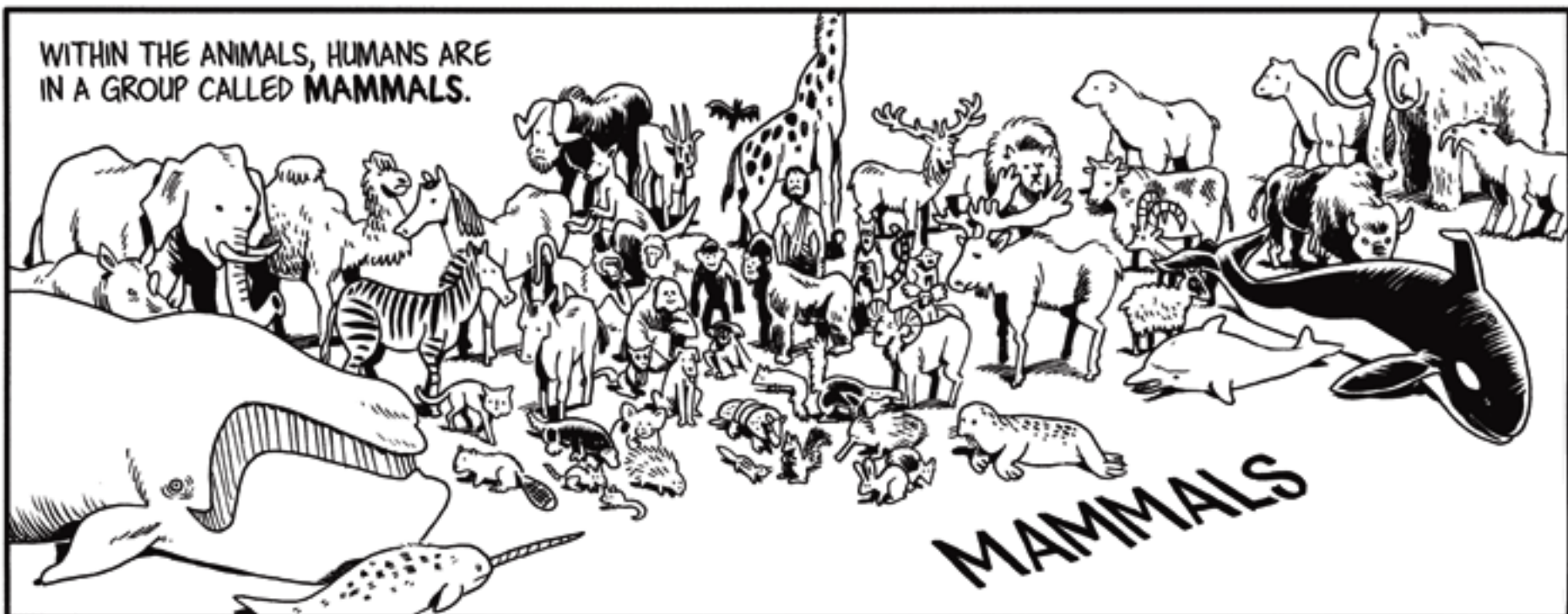




HUMANS ARE **ANIMALS**, WHICH MEANS THEY MOVE AROUND AND EAT OTHER THINGS. THEY CANNOT MAKE THEIR OWN FOOD LIKE PLANTS CAN.

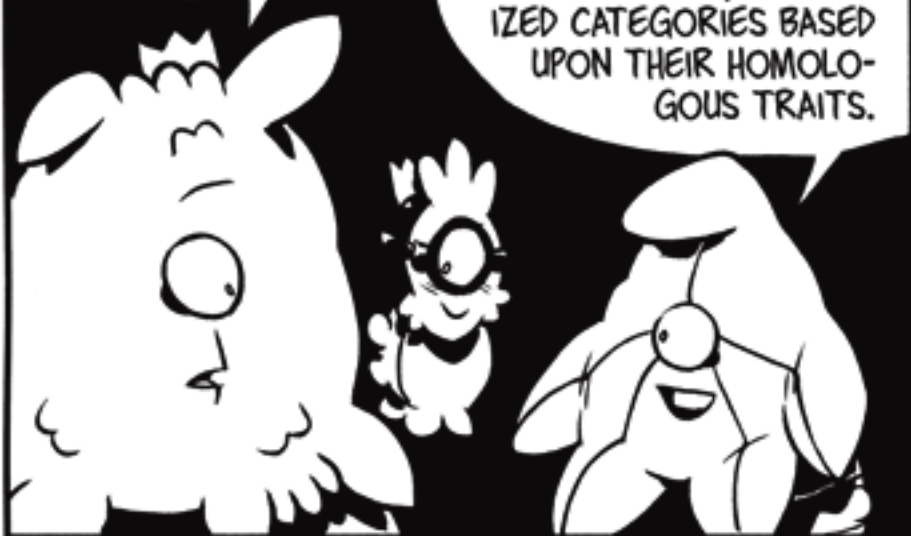


WITHIN THE ANIMALS, HUMANS ARE IN A GROUP CALLED **MAMMALS**.



The furry little creatures with mammary glands and biggish brains?

EXCELLENT MEMORY, SIRE. MAMMALS CAN BE FURTHER SORTED INTO EVEN SMALLER, SPECIALIZED CATEGORIES BASED UPON THEIR HOMOLOGOUS TRAITS.



HUMANS ARE PART OF A SUBSET OF MAMMALS CALLED **PRIMATES**. THE PRIMATES ARE PRIMARILY TREE-DWELLING MAMMALS THAT INCLUDE MONKEYS, LEMURS, TARSIERS, AND APES.



WITHIN THE PRIMATES, HUMANS ARE PART OF AN EVEN SMALLER GROUP OF LARGE, TAILLESS PRIMATES CALLED **APES**.

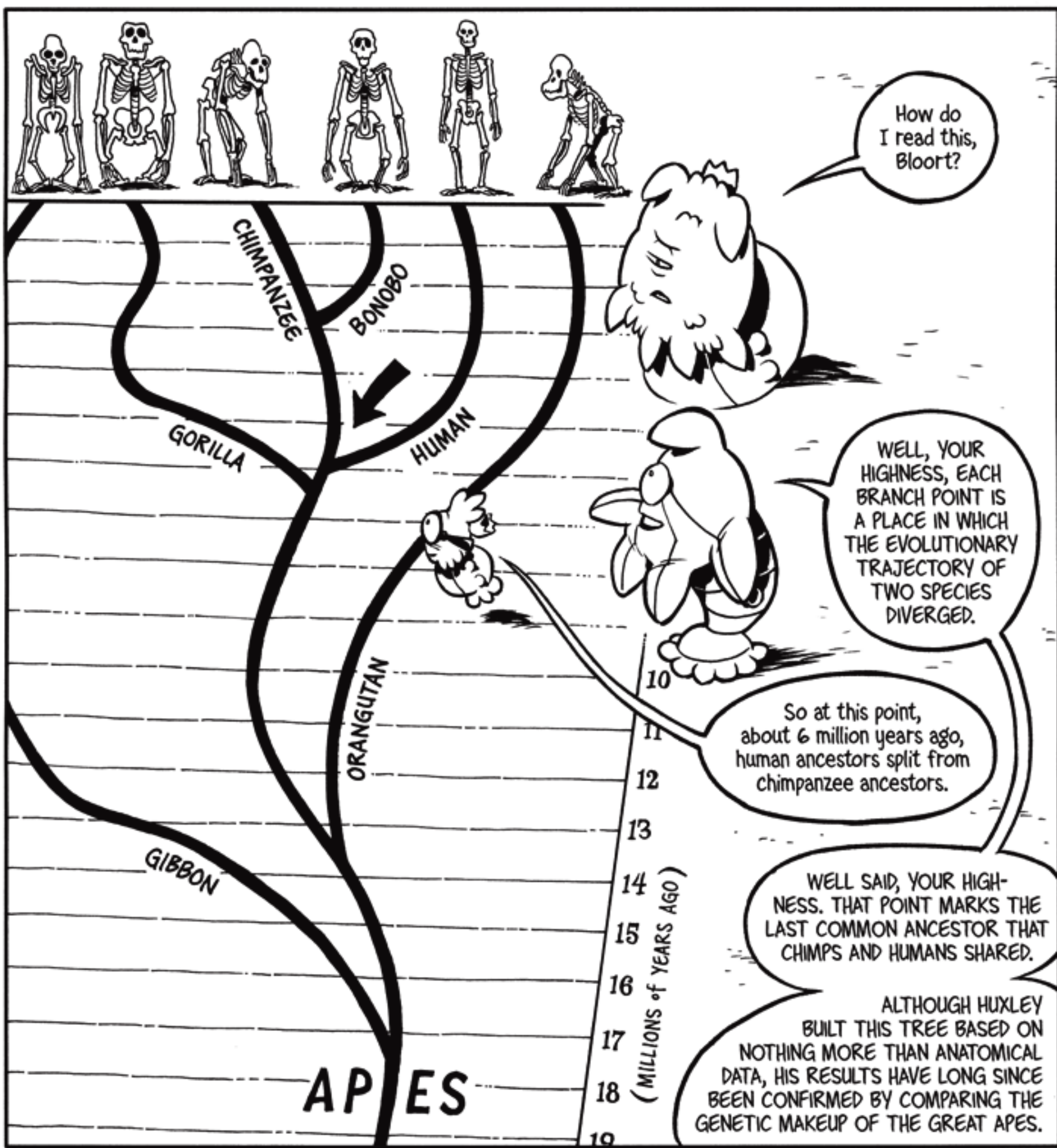
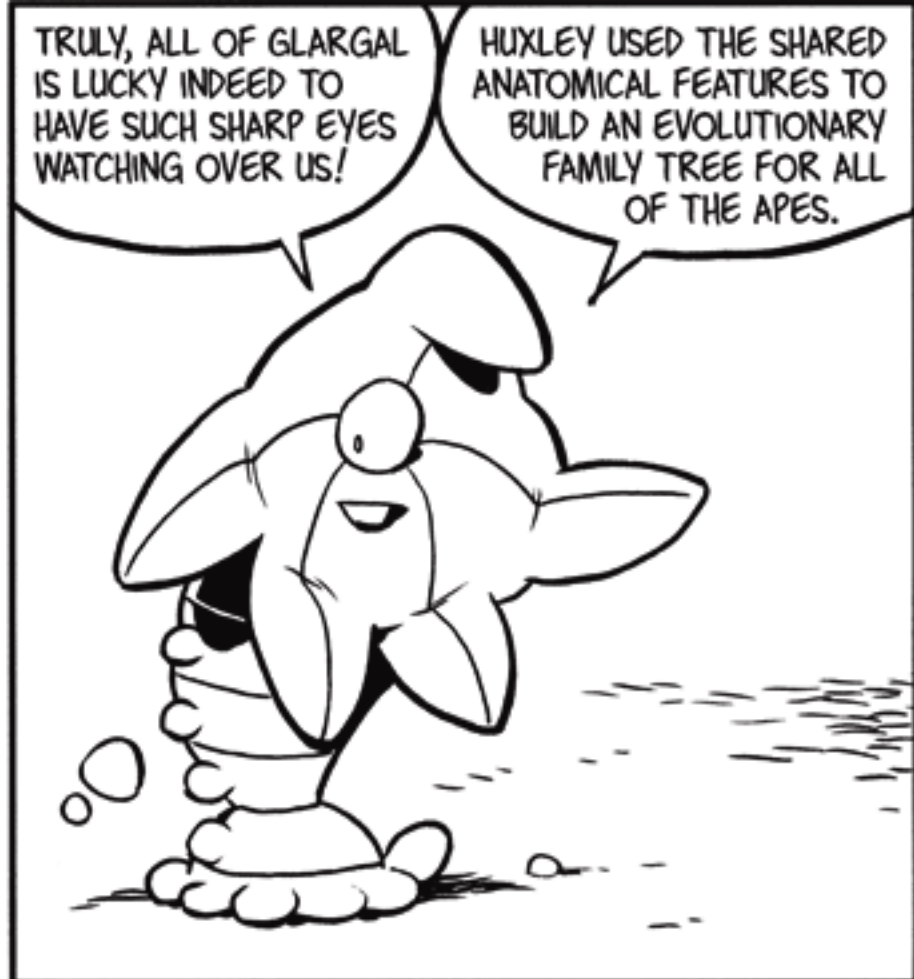


Hmph. They all look the same to me.

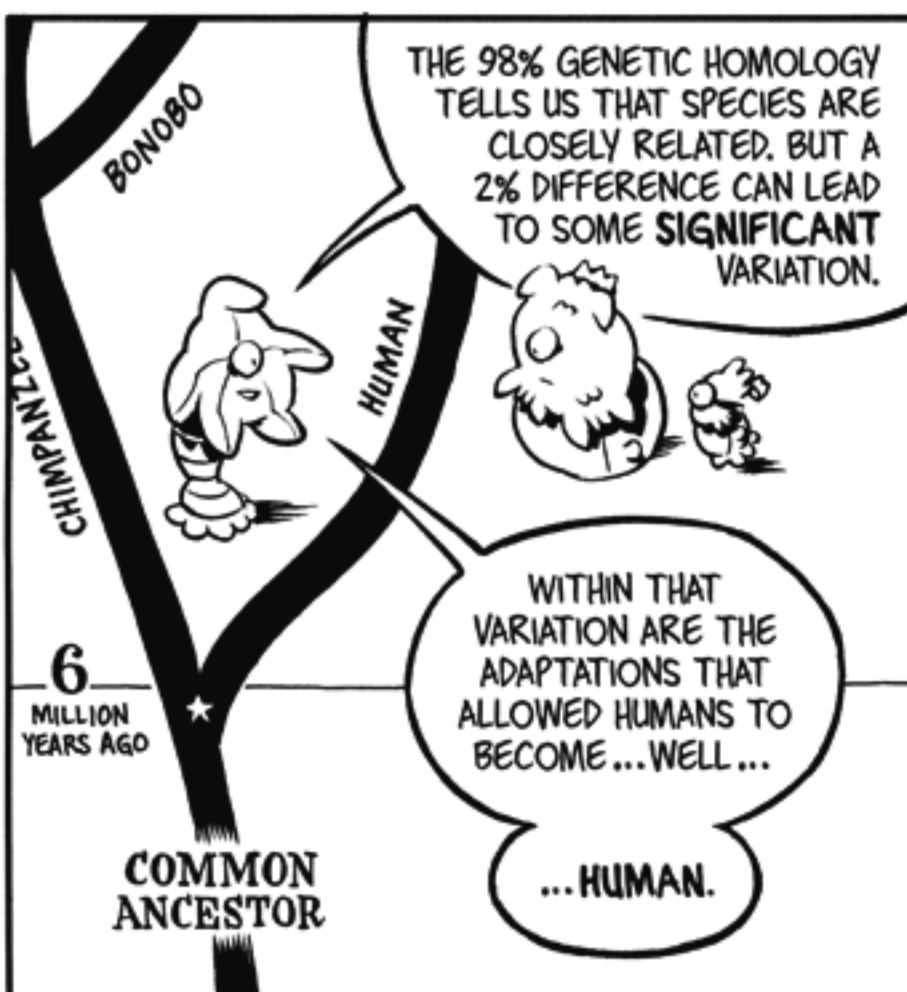
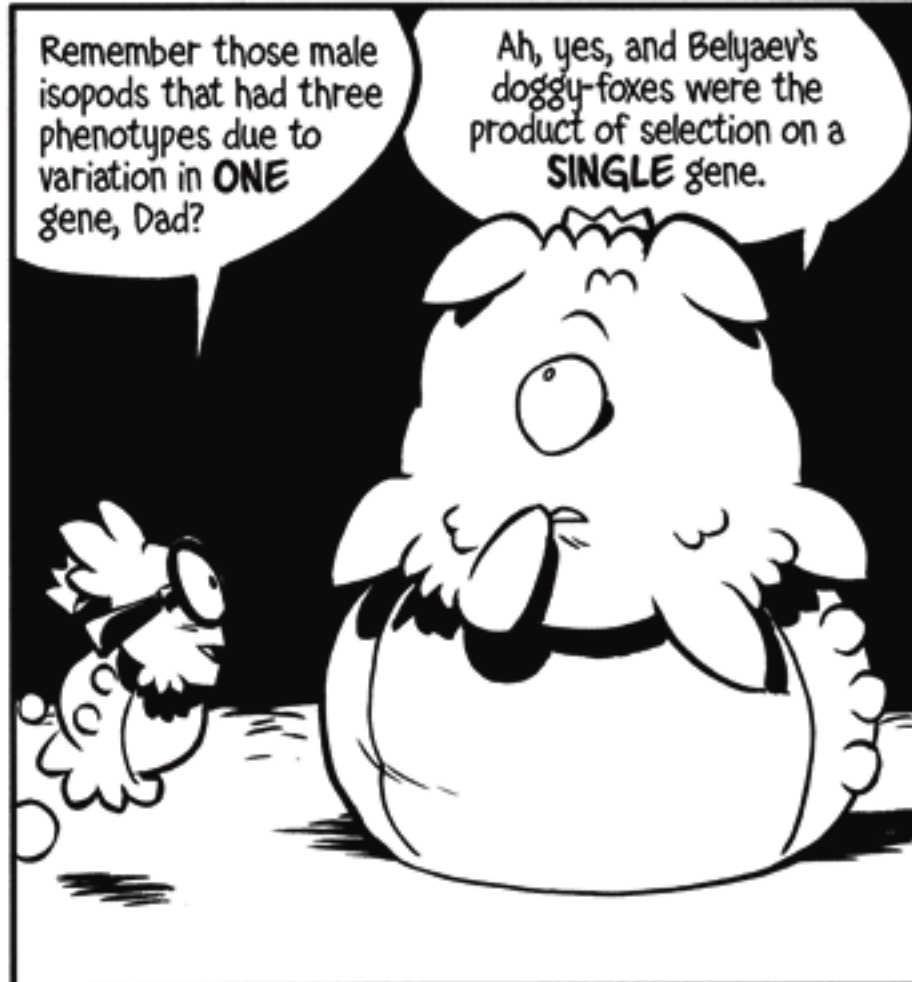
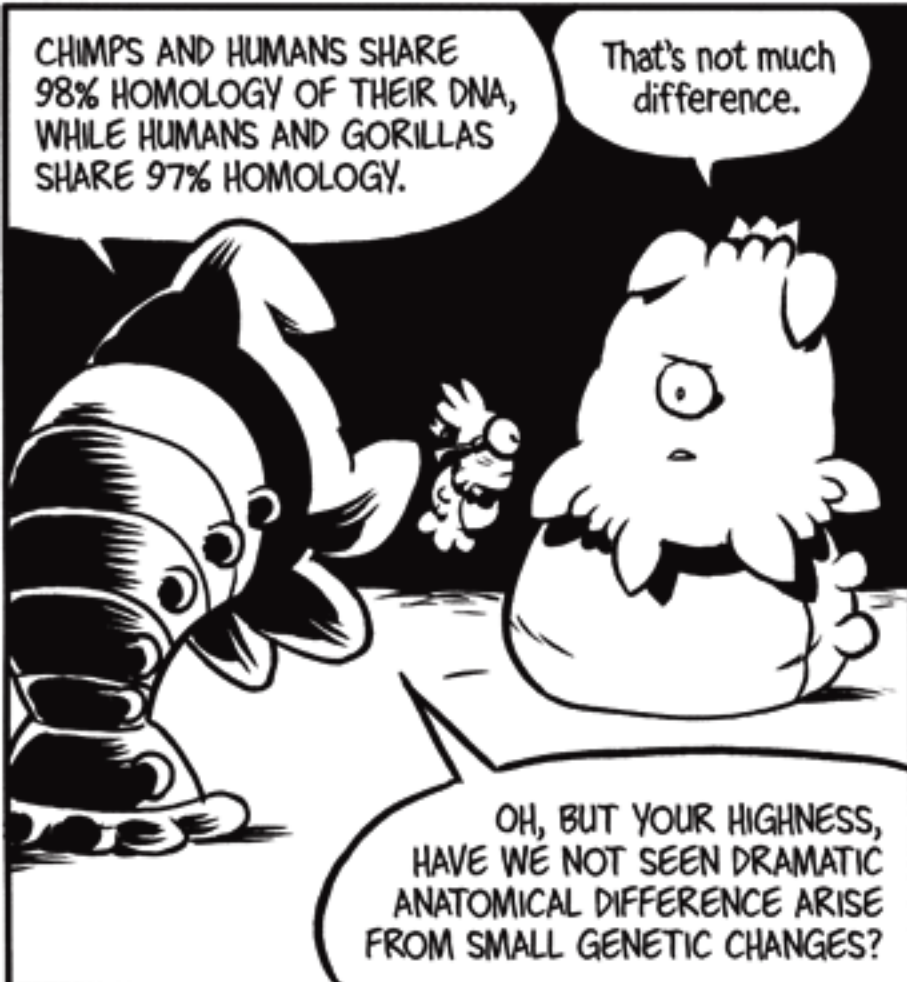
AH, BUT I'M SURE THAT YOUR KEEN ROYAL EYES CAN FIND DIFFERENCES IF YOU LOOK HARD ENOUGH, SIRE.













ACTUALLY, THE REVOLUTIONARY THING THEY DID WAS... **STAND UP**.

And then strap on a jet pack?

NO, JUST STAND UP.



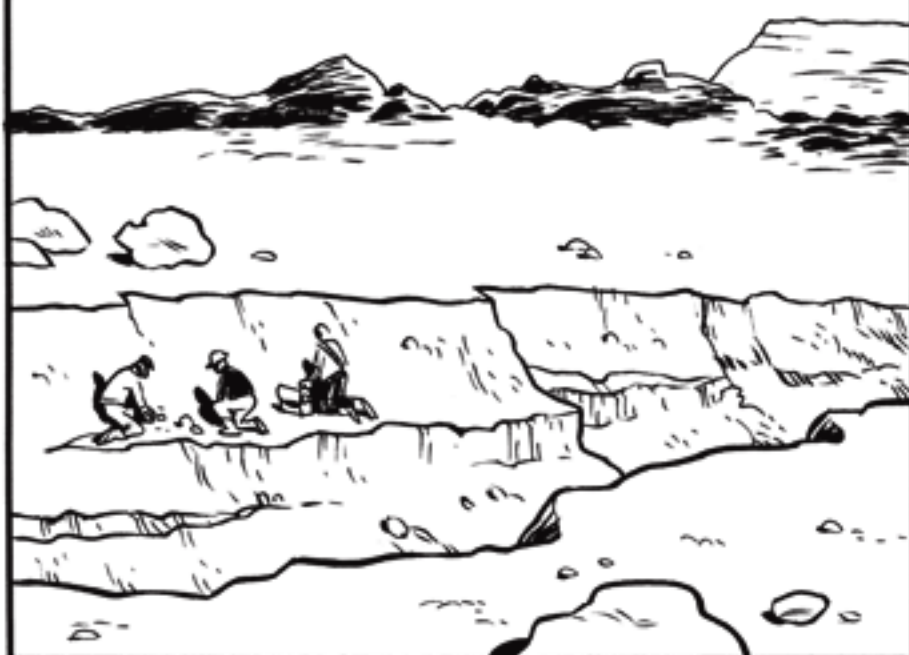
Bloort, we need to discuss your definition of "revolutionary."

BUT IT **WAS**, YOUR HIGHNESS. IN SO MANY UNIMAGINABLE WAYS!



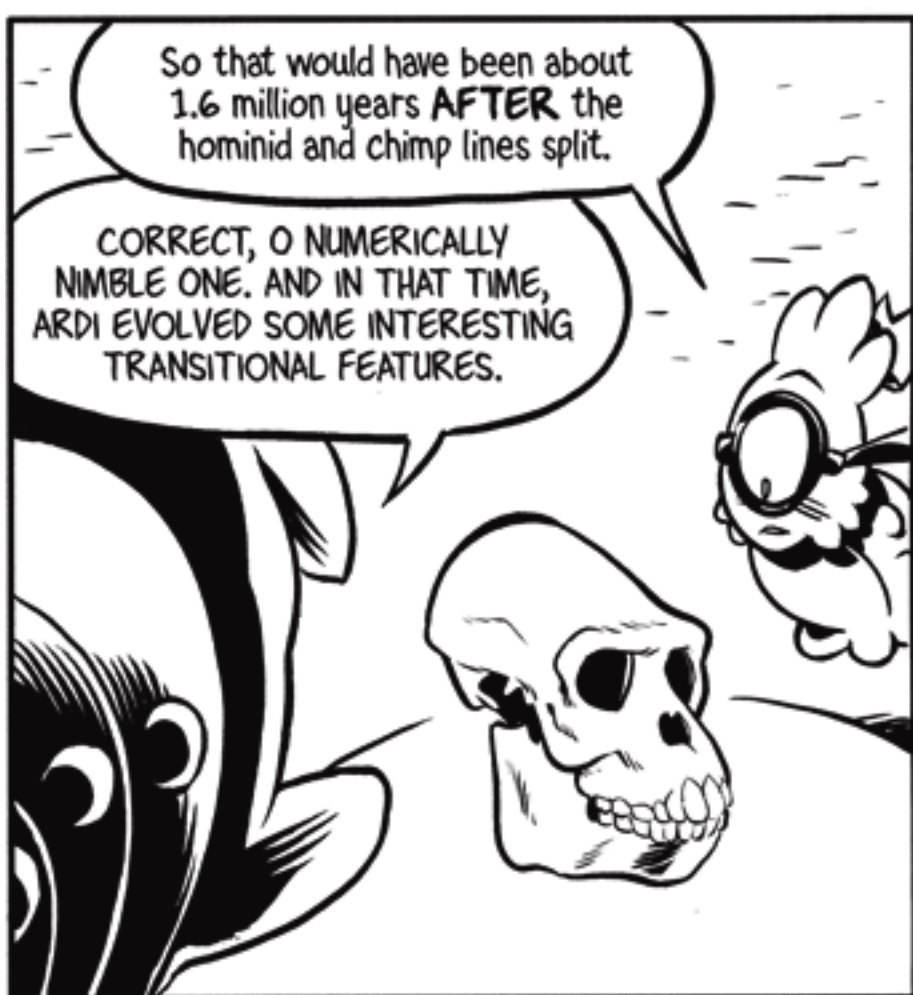
VERY RECENTLY, EARTH SCIENTIST TIM WHITE AND A TEAM OF EXPERTS DISCOVERED ONE OF THE OLDEST HOMINID FOSSILS EVER FOUND.

ARDIPITHECUS RAMIDUS-- NICKNAMED **ARDI**-- LIVED 4.4 MILLION YEARS AGO.



So that would have been about 1.6 million years **AFTER** the hominid and chimp lines split.

CORRECT, O NUMERICALLY NIMBLE ONE. AND IN THAT TIME, ARDI EVOLVED SOME INTERESTING TRANSITIONAL FEATURES.



FIRST, HER FOOT BECAME STIFFER THAN A CHIMP'S. A RIGID FOOT ACTS AS A LEVER THAT MAKES WALKING ON TWO FEET EASIER. MODERN HUMANS ALSO HAVE A RIGID FOOT.

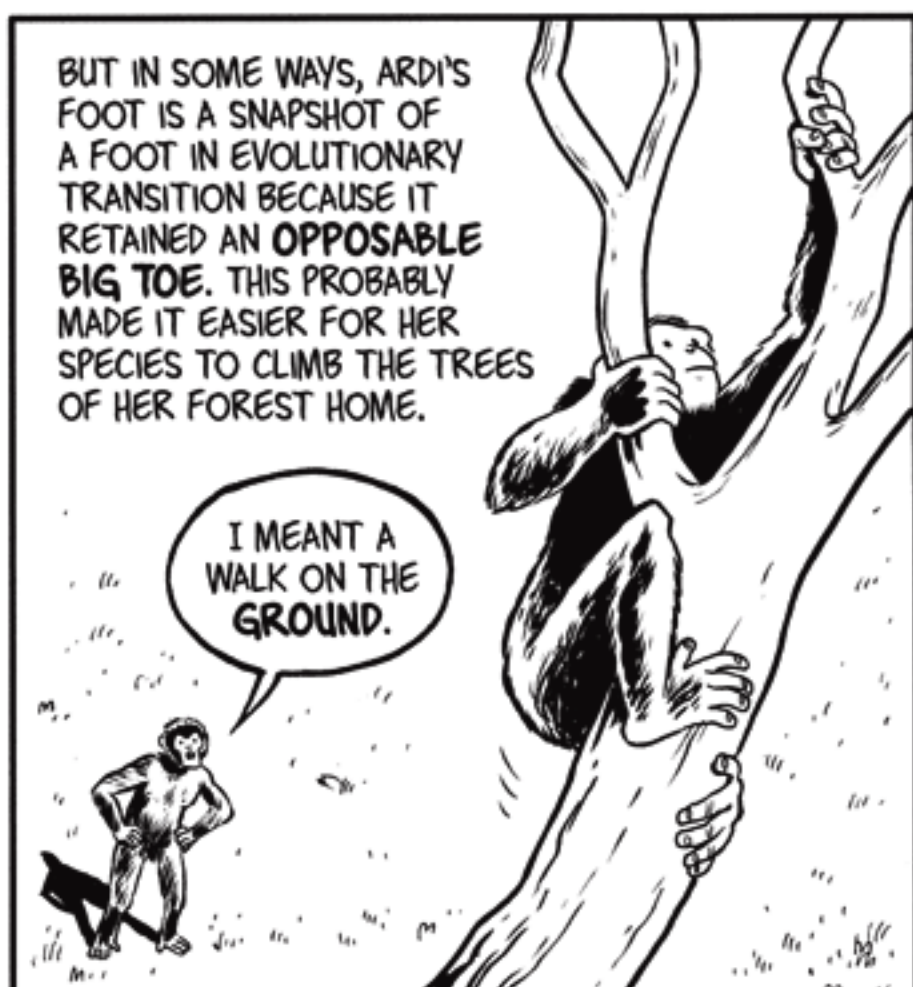
MY FOOT'S KIND OF STIFF.

EXCELLENT. LET'S GO FOR A WALK.



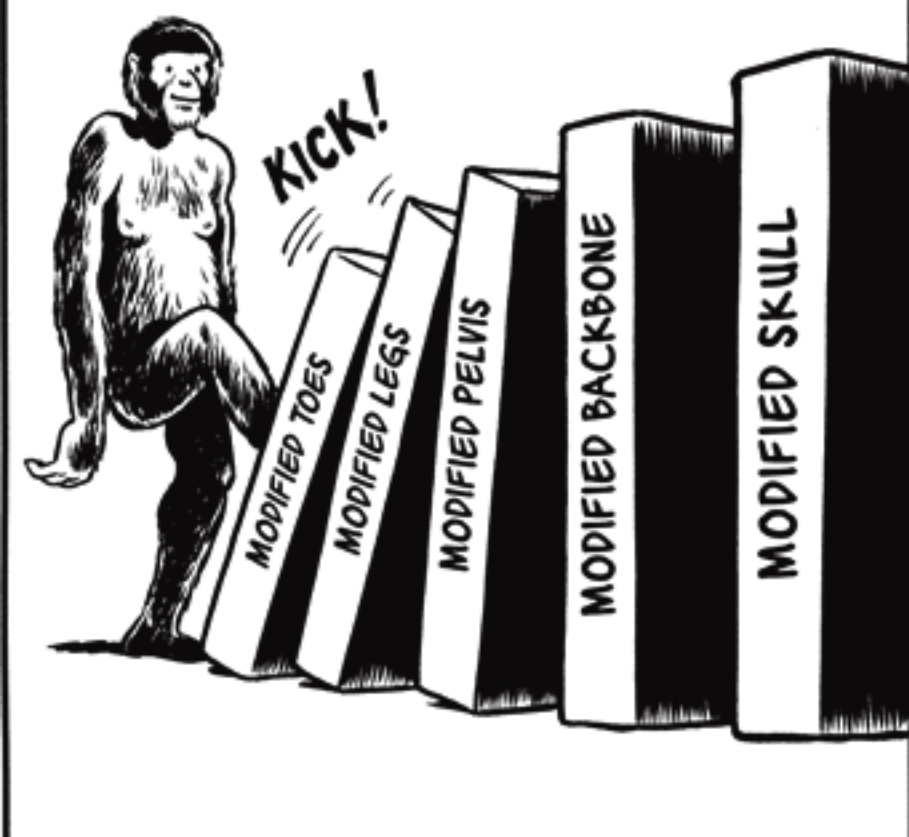
BUT IN SOME WAYS, ARDI'S FOOT IS A SNAPSHOT OF A FOOT IN EVOLUTIONARY TRANSITION BECAUSE IT RETAINED AN **OPPOSABLE BIG TOE**. THIS PROBABLY MADE IT EASIER FOR HER SPECIES TO CLIMB THE TREES OF HER FOREST HOME.

I MEANT A WALK ON THE **GROUND**.

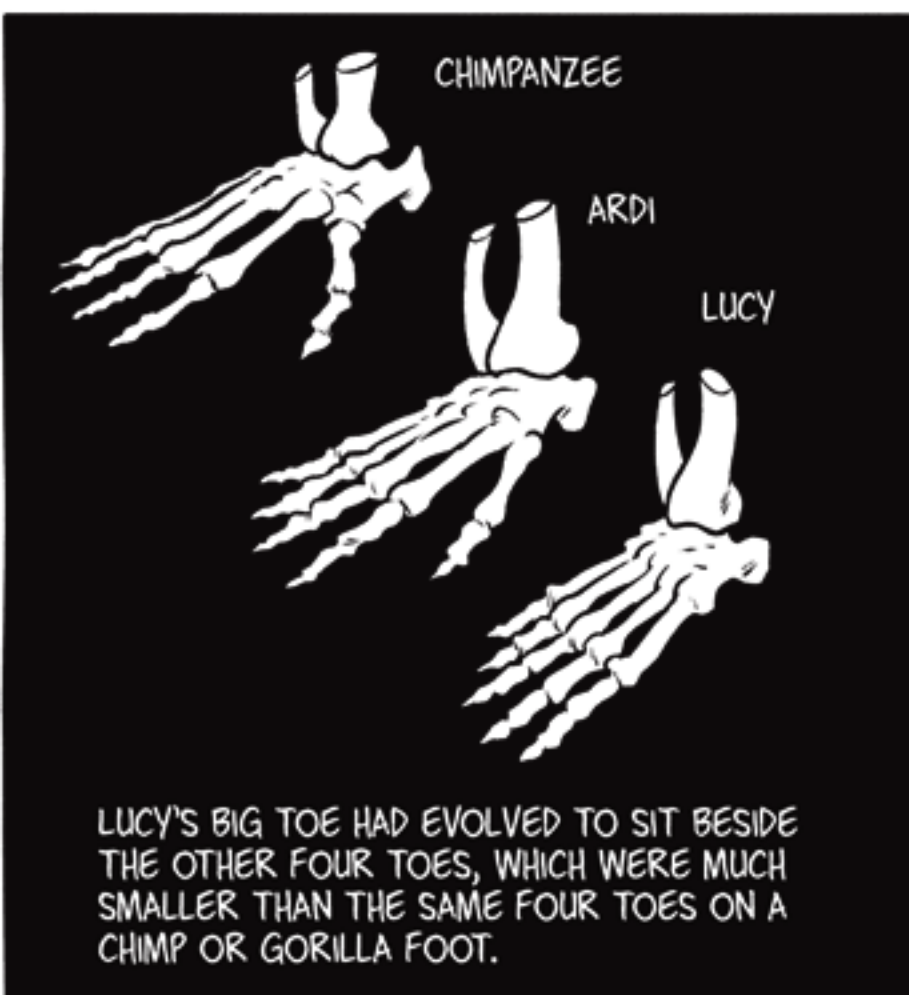




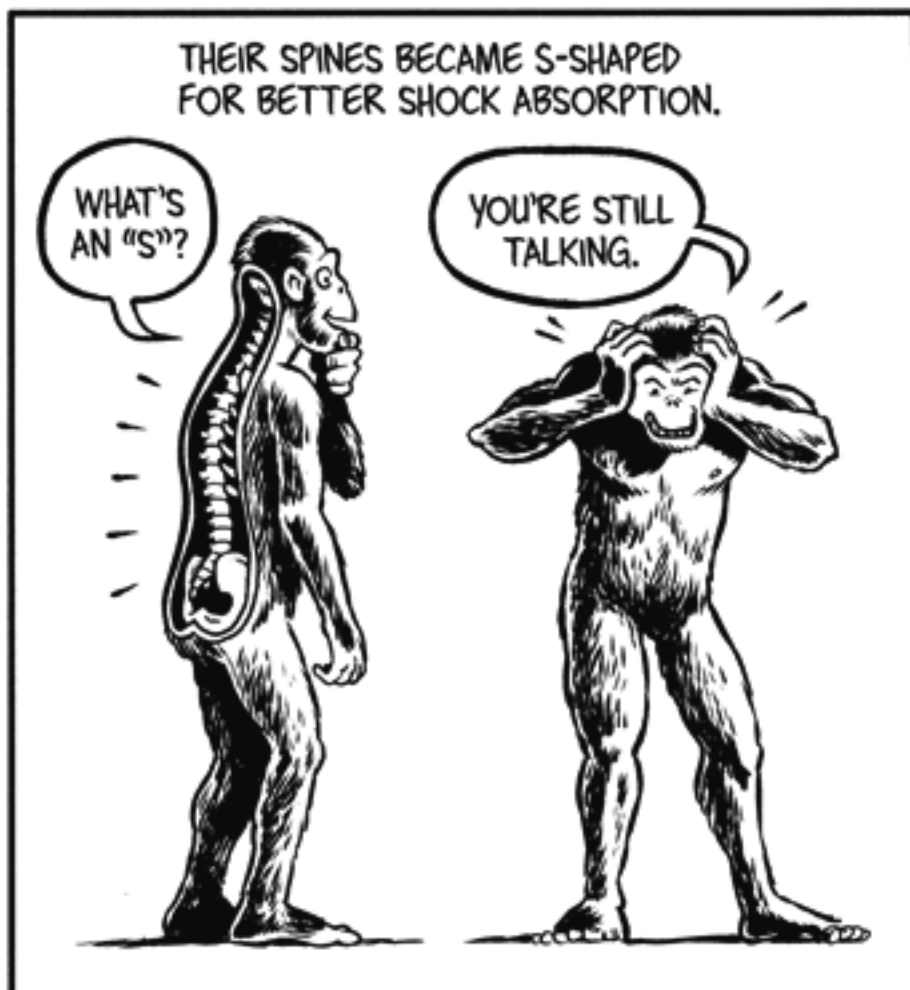
WALKING ON TWO LEGS SET IN MOTION A SERIES OF EVOLUTIONARY DOMINOES FOR THE HOMINIDS.



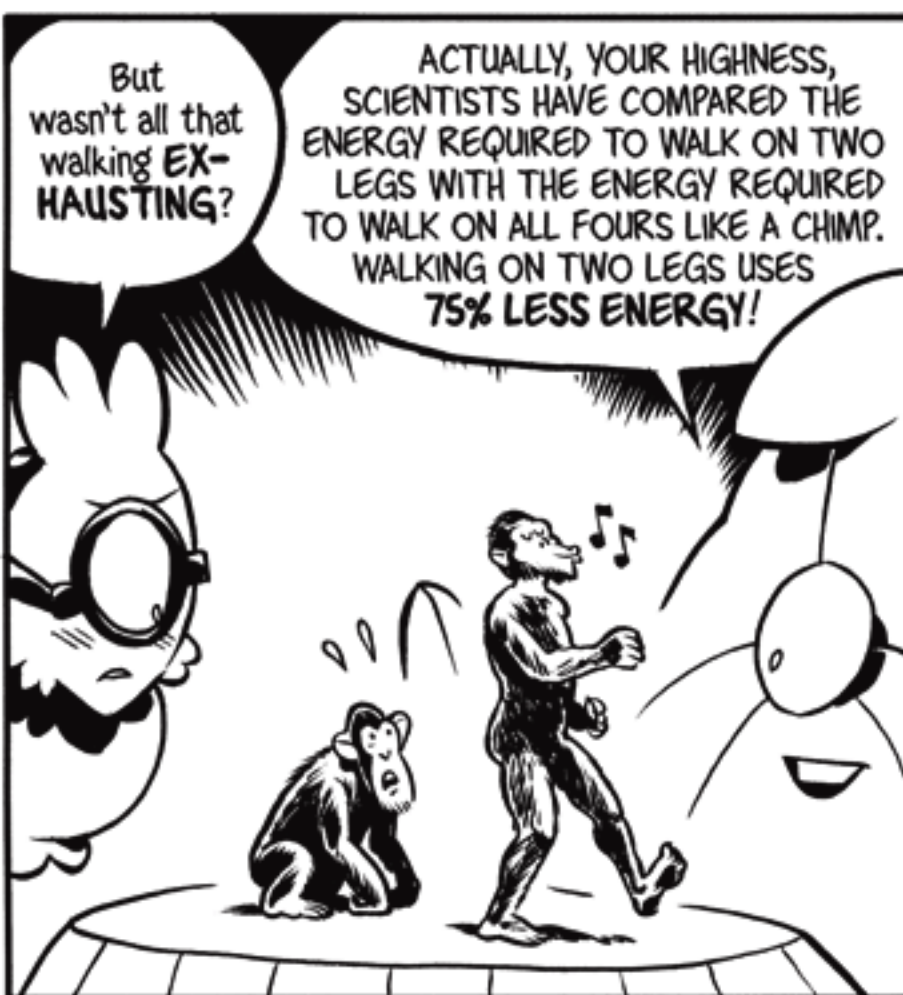
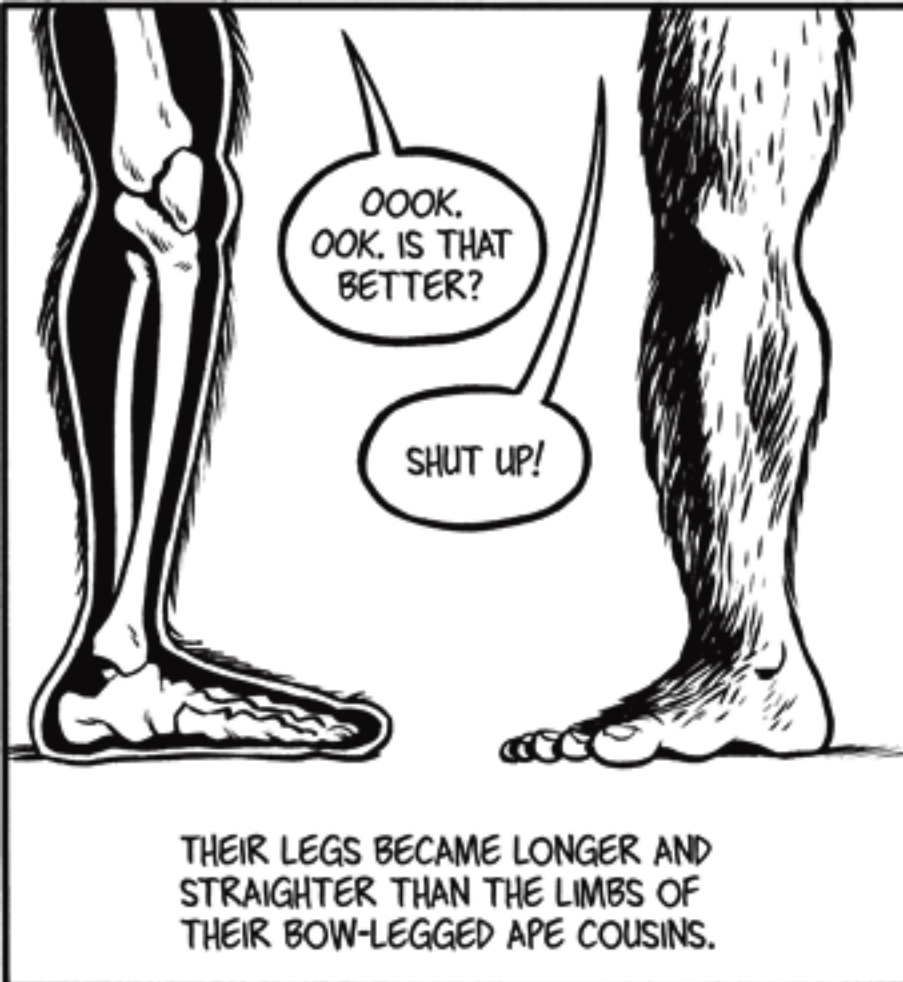
LESS THAN A MILLION YEARS AFTER ARDI, ANOTHER HOMINID CALLED AUSTRALOPITHECUS AFARENSIS-- NICKNAMED **LUCY**-- WOULD EVOLVE A FOOT VIRTUALLY INDISTINGUISHABLE FROM MODERN HUMANS'.



LUCY'S SPECIES ALSO EVOLVED AN ARCH AND A LONG HEEL TO ABSORB THE SHOCK OF WALKING. THESE TWO CHANGES ALLOWED THEM TO WALK FOR VERY LONG TIMES COMPARED TO OTHER APES.









ALONG WITH THE THUMB CAME ADAPTATIONS IN THE TENDONS OF THE HAND THAT ALLOWED THE WRIST TO SWIVEL AND MOVE FAR MORE THAN IN APES.



THIS ADDED DEXTERITY WOULD BE A TREMENDOUS ADVANTAGE BECAUSE IT GAVE SOME HOMINID SPECIES THE ABILITY TO MAKE **TOOLS**.

Surely **OTHER** creatures on Earth use tools, Bloort.



OH, INDEED THEY **DO**, YOUR HIGHNESS. MANY SPECIES USE THEM. CHIMPS USE LEAVES OR GRASS TO PULL TERMITES FROM THEIR MOUNDS...



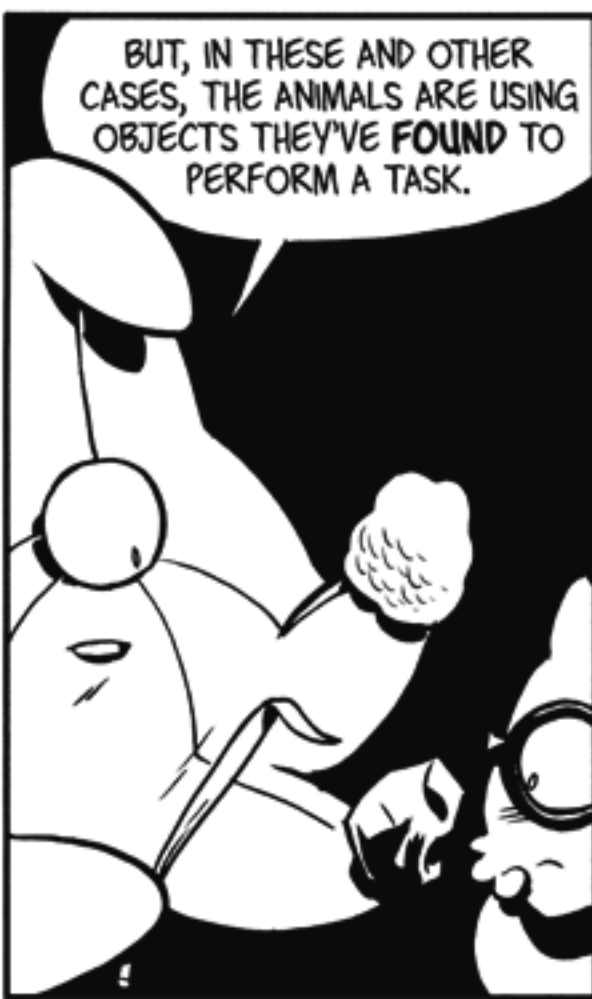
...EGYPTIAN VULTURES USE ROCKS TO CRACK OPEN OSTRICH EGGS...



...AND WHEN DOLPHINS FORAGE ON THE SEA FLOOR, SOME HOLD SPONGES IN THEIR MOUTHS TO PROTECT THEIR NOSES FROM GETTING ALL SCRATCHED UP.



BUT, IN THESE AND OTHER CASES, THE ANIMALS ARE USING OBJECTS THEY'VE **FOUND** TO PERFORM A TASK.



ONLY THE HOMINIDS EVOLVED SPECIES LIKE HOMO HABILIS, WHICH MEANS "HANDY MAN," THAT COULD TRANSFORM AN OBJECT LIKE A **STONE**...



...INTO A **KNIFE**.

AND THEN ADD A STICK TO MAKE IT A **SPEAR**.





THESE TOOLS WOULD BECOME ESSENTIAL TO THEIR SUCCESS IN GETTING MEAT TO EAT. AT FIRST, THEY PROBABLY JUST ATE WHAT THEY COULD SCAVENGE...

SIGH --

LEFTOVERS AGAIN?



...BUT EVENTUALLY THEY STARTED USING TOOLS TO HUNT THEIR FOOD WITH.

THIS FAST FOOD IS KILLING ME.



THE HIGH PROTEIN AND FAT CONTENT OF MEAT MAY HAVE FUELED SIGNIFICANT GROWTH IN THE SIZE OF SOME HOMINID BRAINS. AND WHEN THEY INVENTED COOKING THEY COULD EAT EVEN MORE BECAUSE THE MEAT BECAME EASIER TO DIGEST!

Y'KNOW WHAT WE NEED TO DO? WE NEED TO INVENT S'MORES.

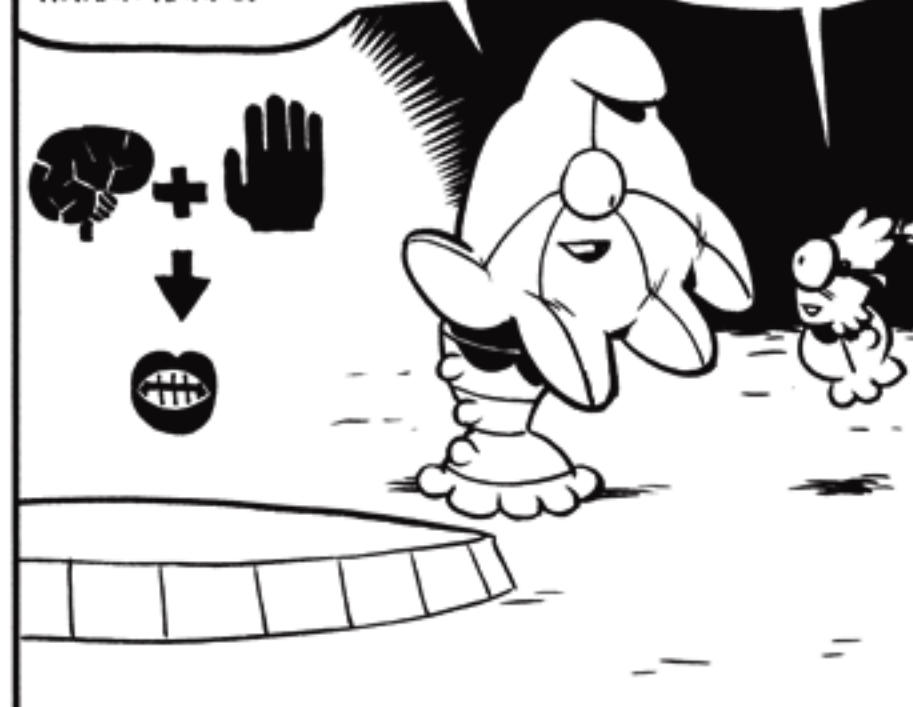


AS THESE WELL-FED HOMINIDS USED THEIR NIMBLE THUMBS AND HANDS TO MAKE TOOLS, THEIR GROWING MINDS WERE ALSO BEING RESHAPED.



EARTH SCIENTISTS ARE NOW DISCOVERING THAT THE PART OF THE BRAIN THAT CONTROLS LANGUAGE DEVELOPED FROM THE PART OF THE BRAIN THAT CONTROLS HUMAN HANDS.

If I understand what you're saying, Bloort, limbs have had a huge effect on human evolution.

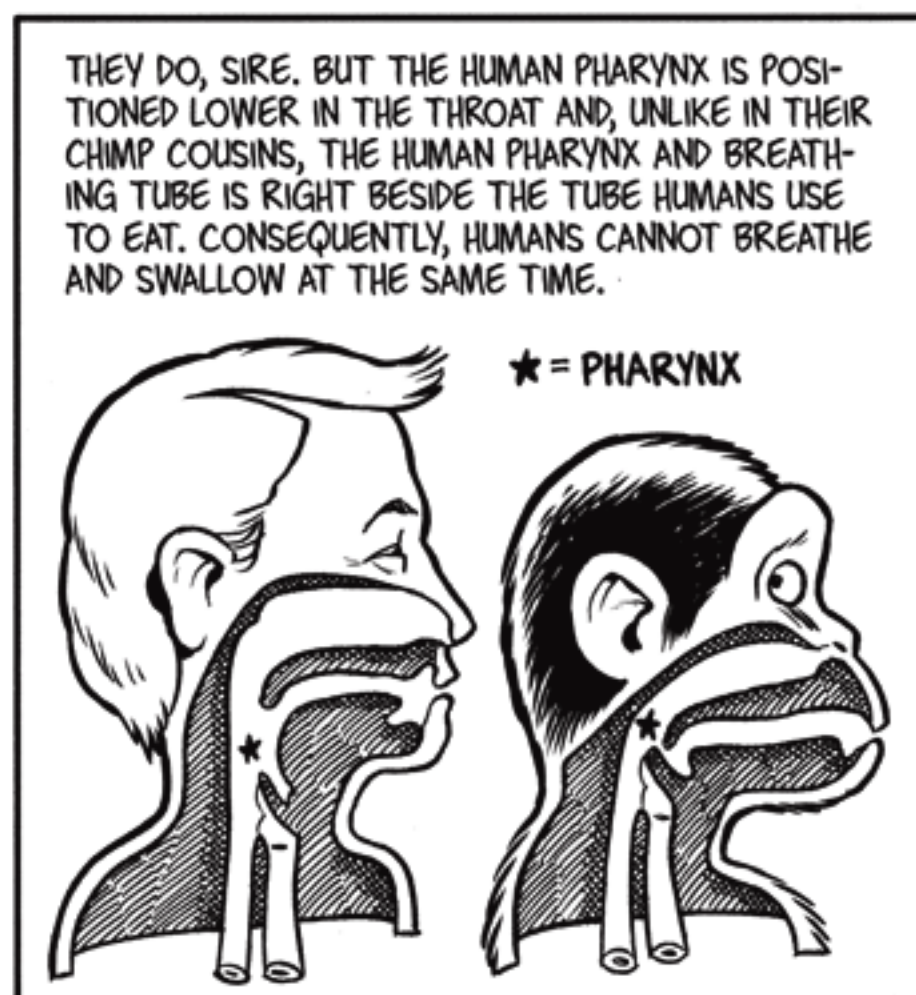
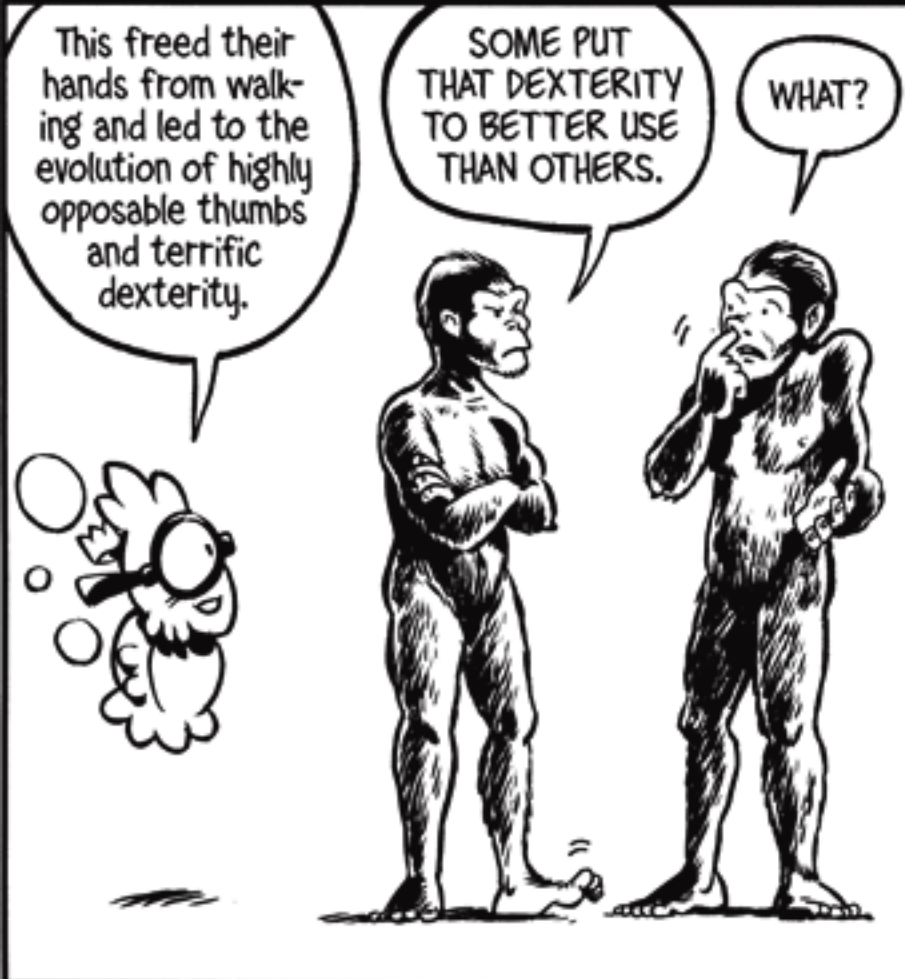


Adaptations in hominid feet and legs allowed them to stand up.

TA-DAAA!









So they now can walk, talk, create, and share ideas. What an amazing end to their evolutionary journey.

BUT THAT ISN'T THE **END**, SIRE.

Yes, **YES**, of course, they got more sophisticated with their toolmaking and eventually visited their **MOON**.

What I mean is, now that they're intelligent, self-aware beings, they've stopped evolving.

BUT THAT'S JUST IT. THEY **HAVEN'T** STOPPED EVOLVING, SIRE. THE ONLY SPECIES THAT STOP EVOLVING ARE, WELL...

...extinct!

AND HUMANS ARE FAR FROM THAT.

WITH THE ADVENT OF AGRICULTURE 10,000 YEARS AGO, HUMANS BEGAN TO ADAPT TO NEW FOODS.

FOR EXAMPLE, MOST MAMMALS CONSUME MILK ONLY AS INFANTS. AS THEY GROW OLDER, THEY CAN NO LONGER DIGEST A MILK SUGAR CALLED **LACTOSE**.

ICK!

I DON'T KNOW HOW THEY DRINK THAT STUFF.

BUT HUMAN POPULATIONS THAT DEPEND ON LIVESTOCK FOR THEIR SURVIVAL HAVE EVOLVED GENES THAT ALLOW THEM TO DIGEST LACTOSE AS ADULTS.

GOOD THING, TOO. MY LATTE WOULDN'T BE MUCH WITHOUT MY FOAMED MILK.

I LIKE VANILLA.

So, it was an advantage to be able to digest that sugar?

ABSOLUTELY, YOUR HIGHNESS. ALL EARTH ORGANISMS RELY ON SUGARS TO FUEL THEIR BODIES.



# CROP TILL YOU



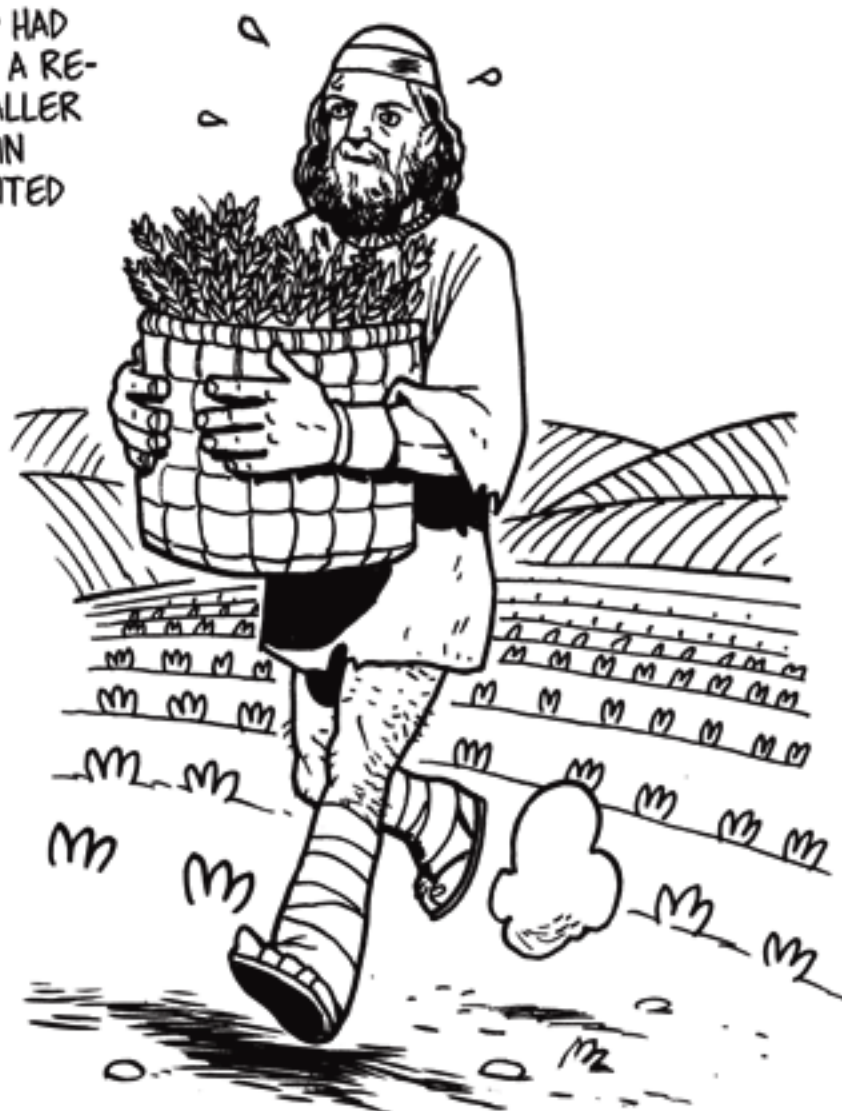
AFTER THE INVENTION OF AGRICULTURE, AROUND 10,000 YEARS AGO, HUMAN POPULATIONS ACTUALLY GOT AN AVERAGE OF FIVE INCHES SHORTER! HOW CAN AN ABUNDANCE OF FOOD CAUSE SUCH A CHANGE?

EARLY HUMANS WERE ADAPTED TO LIFE AS HUNTER-GATHERERS AND THEY ATE A LOT OF MEAT RICH IN VITAMINS AND NUTRIENTS. WHEN HUMANS SHIFTED TO AN AGRICULTURAL LIFE, THEIR MEAT CONSUMPTION DRASTICALLY DECREASED AND THEY FOUND THEMSELVES IN AN ENVIRONMENT TO WHICH THEY WERE NOT WELL SUITED.



FARMING CREATED A LOT OF FOOD, BUT THAT FOOD HAD FEWER NUTRIENTS THAN A MOSTLY MEATY DIET. AS A RESULT, THE NEW DIET DROVE THE EVOLUTION OF SMALLER CRANIUMS, SHORTER BODIES, AND LIGHTER BONES. IN NORTHERN LATITUDES, IT MAY ALSO HAVE CONTRIBUTED TO A DIVERSITY OF SKIN COLORS.

ONE OF THE NUTRIENTS FOUND IN MEAT THAT'S MISSING IN THESE NEW CROPS WAS VITAMIN D, WHICH IS NEEDED FOR KEEPING BONES STRONG AND HEALTHY. BUT MEAT IS NOT THE ONLY SOURCE OF VITAMIN D. IT CAN ALSO BE MADE IN A PERSON'S SKIN BY ABSORBING ULTRAVIOLET RAYS FROM THE SUN. LIGHTER SKIN MAKES IT POSSIBLE TO ABSORB MORE SUNLIGHT. PEOPLE LIVING IN THE NORTH GET LESS SUN DURING THE YEAR THAN PEOPLE LIVING IN THE SOUTH, SO NATURAL SELECTION FAVORED LIGHTER SKIN AMONG THE NORTHERN FARMERS.



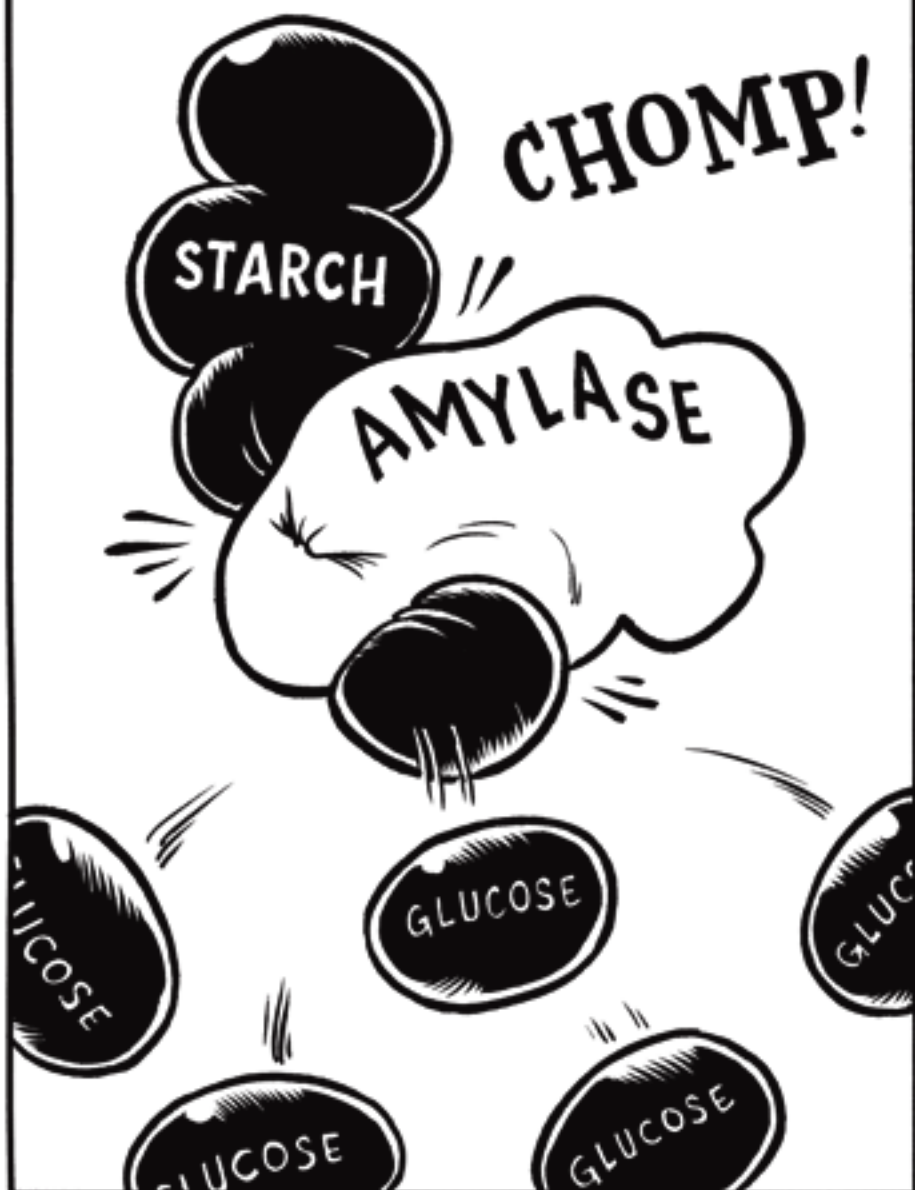
HUMAN POPULATIONS ALSO EVOLVED NEW GENES TO MAKE THE ENZYMES NEEDED TO DIGEST THE ABUNDANT CARBOHYDRATES IN THE GRAINS THEY WERE GROWING. WHEN CARBOHYDRATES ARE BROKEN DOWN, THEY PRODUCE SUGARS. NEW GENES EVOLVED FOR REGULATING THE HORMONE INSULIN, WHICH STIMULATES CELLS IN THE BODY TO ABSORB THOSE SUGARS.

SOME RESEARCHERS BELIEVE THAT AGRICULTURE ACCELERATED HUMAN EVOLUTION BY ONE HUNDRED TIMES IN THE LAST 10,000 YEARS. IF THEY ARE RIGHT, THEN WE TRULY ARE WHAT WE EAT.





WHEN COMPARING HUMANS TO THEIR CLOSEST RELATIVES, THE CHIMPS, WE CAN SEE OTHER RECENT DRAMATIC CHANGES. CONSIDER THE PROTEIN ENZYME **AMYLASE**, WHICH BREAKS DOWN STARCH INTO GLUCOSE, THE PRIMARY SUGAR THE BODY CAN USE.



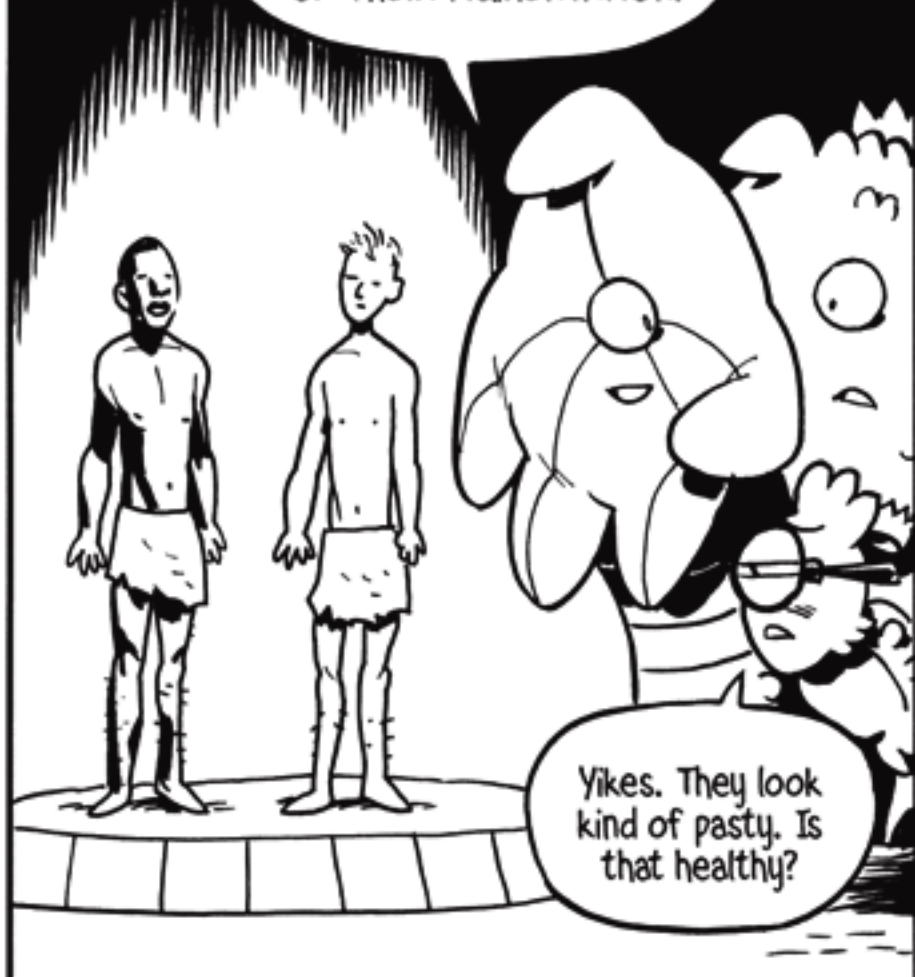
CHIMPS HAVE ONE GENE TO MAKE AMYLASE, BUT HUMANS CAN HAVE UP TO TEN COPIES. THESE EXTREME CASES ARE SEEN IN POPULATIONS THAT RELY HEAVILY ON STARCHY FOODS -- SUCH AS RICE -- FOR THEIR SURVIVAL.



All this talk of food is making me hungry, Bloort. Are there any nondietary examples?

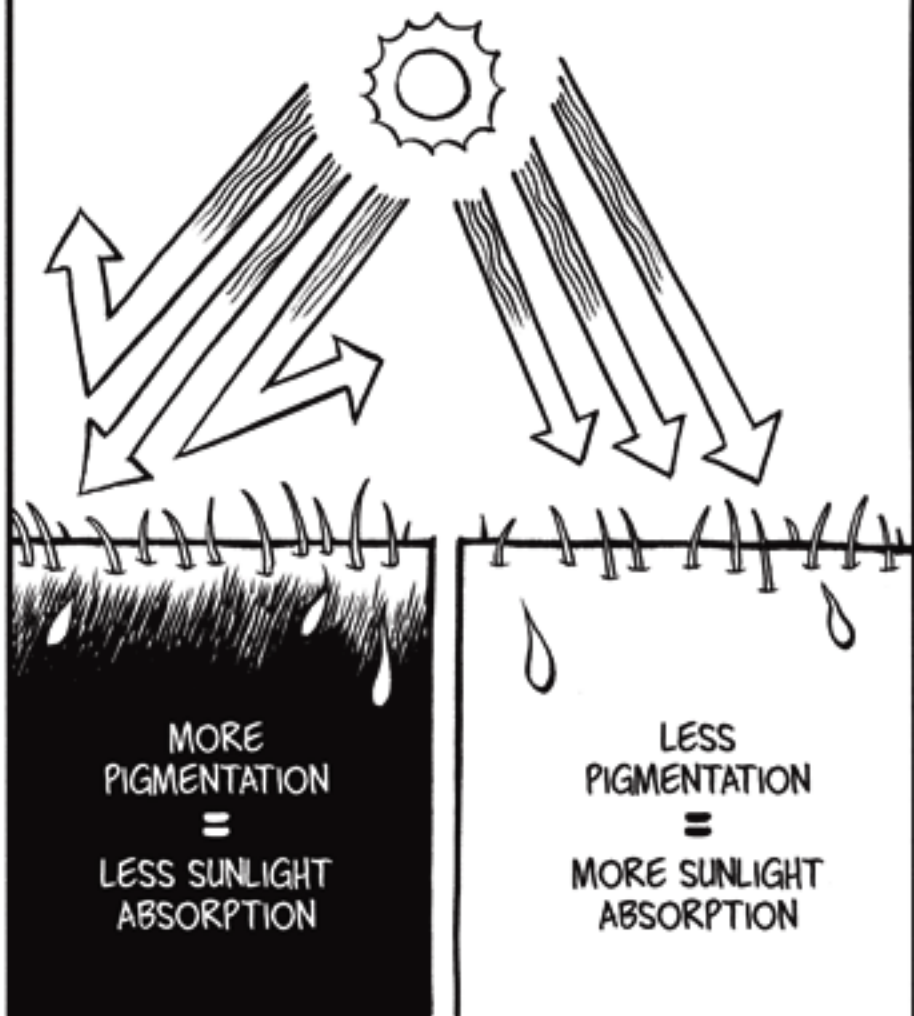
THERE ARE A NUMBER OF EXAMPLES, YOUR HIGHNESS.

AS THE HUMANS MOVED OUT OF AFRICA INTO EUROPE, IT BECAME ADAPTIVE TO LOSE MUCH OF THEIR PIGMENTATION.



ACTUALLY, SIRE, IT WAS AN IMPORTANT ADAPTATION. HUMAN SKIN ABSORBS ULTRAVIOLET RADIATION FROM SUNLIGHT AND USES IT TO MAKE **VITAMIN D**, A MOLECULE CRUCIAL TO THEIR GOOD HEALTH.

AS HUMANS MOVED NORTH INTO EUROPE, THEY EXPERIENCED LESS DIRECT SUNLIGHT. THIS DROVE THE LOSS OF PIGMENTATION IN THESE POPULATIONS BECAUSE PALE SKIN CAN ABSORB MORE LIGHT TO MAKE SUFFICIENT LEVELS OF VITAMIN D.

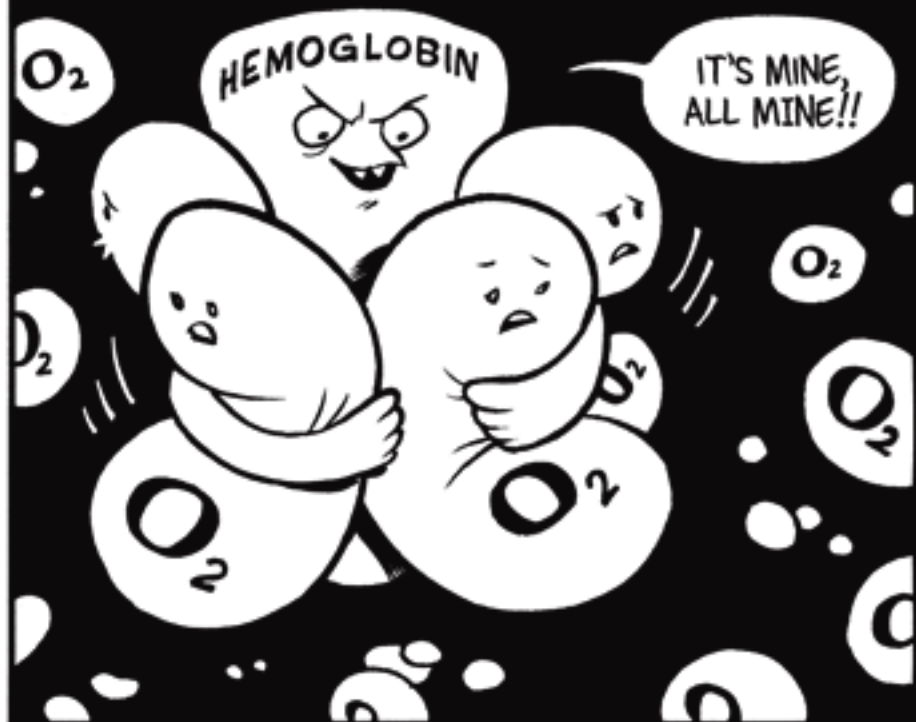




HUMAN POPULATIONS IN TIBET LIVE HIGH IN THE HIMALAYA MOUNTAINS, WHERE OXYGEN IS THINNER THAN IT IS AT LOWER ALTITUDES.



IN RESPONSE TO THIS ENVIRONMENTAL CHALLENGE, A MUTATED FORM OF THE MOLECULE HEMOGLOBIN HAS EVOLVED IN TIBETAN POPULATIONS. TIBETAN HEMOGLOBIN BINDS OXYGEN MORE TIGHTLY THAN THE HEMOGLOBIN FOUND AT LOWER ALTITUDES.



Hemoglobin? That oxygen-grabbing molecule that the icefish have lost?

THE SAME, YOUR HIGHNESS.

My goodness, these Earth creatures really **ARE** all related, aren't they?

And **STILL EVOLVING.**

YES, YOUR HIGHNESS.

BY SOME ESTIMATES, HUMAN EVOLUTION IS PROCEEDING 100 TIMES FASTER THAN IT DID BEFORE THE ADVENT OF AGRICULTURE.





Astonishing.

There is so much to take in, Bloort.

I agree, but the adaptability of life on Earth... the dramatic power of small genetic changes... the humans' ability to manipulate the evolution of another species... it gives me hope that we can find a solution to our genetic crisis, Bloort.

Absolutely. If humans can manipulate the evolutionary trajectory of other species, surely we squinches can do the same for ourselves.

And it wouldn't necessarily require a huge genetic change, perhaps just the right gene or two.

We could explore the diversity of squinches and see if the answer isn't somewhere in our populace.

And if it isn't, perhaps we can **ENGINEER** the changes we need to avoid extinction.

SMACK!

This holographic museum is a true service to the squinches of Glargal. You should give Bloort a big grant, Dad.

YOUR PRAISE OVERWHELMS MY HUMBLE, GRASPING MIND, O MOST MAGNANIMOUS ONE.

Right, well, we better get going, then. Lots to think about, lots to think about...

RIGHT THIS WAY, SIRE. WE HAVE BUT ONE STOP LEFT ON OUR TOUR.

Another one? Seriously, Bloort, I'm getting hungry.

SMALL SNACK CAKES ARE PROVIDED, MOST ROBUST ONE.

Well, in **THAT** case, lead on.